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**DASH DEMO: CHECKS PD Pilot Study**

**Attachment 2**

**Adolescent growth and development survey**

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# Webinar-Adolescent Growth & Development

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WEBINAR-AGD-KNOWLEDGE CHECK

## Webinar-Adolescent Growth and Development

Question #1 1 / 3

Which of these statements are true? Choose all correct answers

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Determination: Exempt Determination Date: December 15, 2020

- Brain development during adolescence is very active
- The prefrontal cortex is what controls decision making and emotions
- All adolescents experience developmental milestones on a set schedule
- Developments in the limbic system lead to an increased need for peer group and social acceptance among young teens (age 12 - 1)

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## Webinar-Adolescent Growth and Development

Question #2 2 / 3

Which developmental milestone is not typically associated with young teenagers (12-14 years old)?

- Have more ability for complex thought
- Develop a stronger sense of right and wrong
- Begin to develop sperm and start menstruation
- Better able to give reasons for their own choices

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### Webinar-Adolescent Growth and Development

Question #3 3 / 3

Which health education teaching strategies are recommended based on typical adolescent developmental milestones?

- Make content relevant by using learning experiences that are student-centered, interactive, and experiential
- Use scare tactics like graphic images or stories in hopes that the fear will prevent high risk behaviors
- Focus on short-term benefits of making low-risk decisions
- Share practical information about the health topic, that students can use

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WEBINAR-AGD-SURVEY

### Webinar-AGD-Survey

Question #1 1 / 11

How much did the Adolescent Growth and Development webinar build your ability to: Describe and define key cognitive, physical, and social developmental milestones across adolescence

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Not at all  A little  Some  A lot

Question #2 2 / 11

How much did the Adolescent Growth and Development webinar build your ability to: Describe how brain development during adolescence (12-17 years of age) affects cognition and behavioral health-related decision making

Not at all  A little  Some  A lot

Question #3 3 / 11

How much did the Adolescent Growth and Development webinar build your ability to: Identify teaching strategies and learning considerations that are aligned with stages of adolescent development for optimal learning

Not at all  A little  Some  A lot

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Question #4 4 / 11

How much did participating in this webinar increase your overall **KNOWLEDGE** of the content presented

Did not increase at all  Increased a little  Increased somewhat  Increased a lot

Question #5 5 / 11

How much did participating in this webinar increase your overall **SKILLS** presented and practiced during the webinar

Did not increase at all  Increased a little  Increased somewhat  Increased a lot

Question #6 6 / 11

How much did participating in this webinar increase your overall **CONFIDENCE** that I can apply the knowledge and skills to my job

Did not increase at all  Increased a little  Increased somewhat  Increased a lot

Question #7 7 / 11

How much did participating in this webinar increase your overall **MOTIVATION** to implement the knowledge and skills presented

Did not increase at all  Increased a little  Increased somewhat  Increased a lot

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☰ WEBINAR-AGD-SURVEY

Question #8 8 / 11

Will you use what you learned in this webinar in your work?

Definitely not  Probably not  Probably will  Definitely will

Question #9 9 / 11

How will you use what you learned in this webinar? Please describe.

Question #10 10 / 11

Please rate your overall level of satisfaction with this webinar

Very dissatisfied  Dissatisfied  Somewhat satisfied  Very satisfied

Question #11 11 / 11

Is there anything else you would like to share with us about this webinar?