

Form Approved
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DASH DEMO: CHECKS PD Pilot Study

Attachment 10

Student Survey

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Survey Instructions

Health education teachers have a lot of information they can use to help you learn to become healthy. Think about the teacher who taught your health education class and what your experience was like. As you reflect, think about the knowledge and skills your teacher used to help you learn. This might include being comfortable with class material, being open and honest in conversations with you and other students, or using fun, interactive games and activities.

These are all teaching skills important for health education. In this survey, you will be asked to judge how closely your health education teacher used these skills and practices. Read each of the items below and assign your health education teacher a rating based on the following scale:

- **Very Strong:** My teacher is really good at this knowledge or skill and uses it all the time;
- **Strong:** My teacher uses this knowledge or skill most of the time;
- **Moderate:** My teacher uses this knowledge or skill sometimes, but could use improvement;
- **Not Strong:** My teacher rarely or never uses this knowledge or skill and could use improvement;
- **Does Not Apply:** I do not understand the question or cannot assess my teacher's knowledge or skill in this area.

Section A. Skills

How would you rate your teacher's skills in each of the following items? (Very Strong, Strong, Moderate, Not Strong, Does Not Apply)

Items	Very Strong	Strong	Moderate	Not Strong	Does Not Apply
1. My teacher uses a respectful tone during class.					
2. My teacher is professional during class.					
3. My teacher does not make hurtful comments about others.					
4. My teacher does not share private information about themselves, my classmates, other teachers, or their friends or families.					
5. My teacher does not make comments about people based on stereotypes.					
6. My teacher acts respectfully with us and other teachers and staff.					

Items	Very Strong	Strong	Moderate	Not Strong	Does Not Apply
7. My teacher is easy to talk to.					
8. My teacher is sensitive to different cultural backgrounds and gender differences.					
9. My teacher uses our chosen names and pronouns (she/her, he/his, they/theirs) without having to be corrected.					
10. My teacher shows us how we should behave in class.					
11. My teacher's instructions are clear during class.					
12. My teacher gives me enough time to complete activities and have discussions with classmates.					
13. My teacher lets me ask questions when I do not understand something.					
14. My teacher gives me feedback on my work in class.					
15. Most of the time that we are in class we are doing activities.					
16. My teacher says we are doing a good job when we follow class rules or agreements.					
17. My teacher gives us time to think and make decisions with our classmates.					
18. My teacher lets us know when we are not following the rules or if we say something inappropriate.					
19. My teacher tells us when we are off task and helps us get back on track.					
20. My teacher comes to where I'm working to check on how I'm doing with class activities.					
21. My teacher gives us seating assignments based on class activities.					
22. My teacher has a daily routine or tasks to complete at the start of each class (for example, bell ringers or journal prompts)					

Items	Very Strong	Strong	Moderate	Not Strong	Does Not Apply
23. My teacher has a routine and gives clear instructions when we move from one activity to another during class (e.g., uses a stopwatch or timer)					
24. My teacher uses body language and their words to quiet the class and get our attention.					
25. My teacher seems to know a lot about health topics.					
26. My teacher appears comfortable and confident when teaching.					
27. My teacher listens to us.					
28. My teacher makes eye contact with us.					
29. My teacher is flexible during class and can easily change plans or activities based on how the class is feeling or acting.					
30. My teacher asks questions in different ways to make sure we all understand.					
31. My teacher asks questions that encourage class discussions and critical thinking.					
32. My teacher answers sensitive health questions in a way that we understand.					
33. My teacher uses information we understand in class and when we ask questions.					
34. My teacher relates what we are learning in class to our real lives					
35. My teacher explains how our lessons tie together.					
36. My teacher tells us why health skills are important (for example setting a goal)					
37. My teacher shows us the right steps needed to learn a skill.					

Items	Very Strong	Strong	Moderate	Not Strong	Does Not Apply
38. My teacher gives us time in class to practice new skills.					
39. My teacher gives us feedback when we practice skills.					
40. My teacher starts and ends class on time.					
41. My teacher thinks of fun ways for us to learn new concepts, including group discussions or games.					
42. My teacher makes changes for students who learn at different speeds.					
43. My teacher makes lessons enjoyable and interesting.					
44. My teacher uses different ways to assess if we learned new information or skills (for example, projects, games, writing samples, or tests).					
45. While working on an activity in class, my teacher tells me if I'm doing the activity correctly.					
46. My teacher communicates with my parents/guardians in different ways including sending messages home, emails, phone calls, or using an online portal.					
47. My teacher uses body language, not just words, to encourage and engage us in learning.					
48. My teacher uses I-statements when talking in class. (e.g., Teacher may say, "I believe everyone will perform well on this test based on our class review")					
49. My teacher engages us in thinking about different ways to solve a health problem or issue.					
50. My teacher asks us for feedback about their teaching.					
51. My teacher gives us helpful feedback on a regular basis.					

Thank you for completing the survey!