

## CHECKS STUDY: PARENTAL (STUDENT) CONSENT FORM

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### **Comprehensive Health Educator Core Knowledge and Skills (CHECKS) Study -Youth Survey and Classroom Observation- Parent/Student Consent Form**

#### **What is the purpose of this Study?**

The Centers for Disease Control and Prevention's (CDC) Division of Adolescent and School Health (DASH) with the assistance of ICF, a research and evaluation firm, is conducting a study to better understand and enhance professional development (i.e. training) for health education teachers in middle schools and high schools. Middle school and High school health teachers will be participating in the Comprehensive Health Educator Core Knowledge and Skills (CHECKS) study during the 2022-2023 academic year. The study is designed to help us better understand the knowledge and skills that are most important for delivering health education in schools and to test the effectiveness of CHECKS, a training for teachers on enhancing these knowledge and skills.

#### **What is Your Child Being Asked to Do?**

Your child will be asked to complete a one-time survey to answer questions related to their health teacher's knowledge and skills in the classroom. In addition to the student survey, a trained observer from our ICF team will be conducting a one-time classroom observation. The classroom observation is used to better understand health teacher's skills and teaching practices during a lesson. No information about students will be collected or documented during the observation and the trained observer will not interact directly with students.

#### **How long will it take?**

The one-time student survey should take about 20 minutes to finish. The classroom observation will take place during your child's normal class time (e.g., 45-50 minutes).

#### **What are the Benefits of Participating in the Survey?**

What we learn from your child participating in the survey will help us understand how to train teachers to better teach health education.

#### **Is the Survey Voluntary?**

Participation in the survey is completely up to you and your child. If you decide to allow your child to participate, your child may decide for themselves not to take part in the survey and may stop at any time.

#### **Is Your Child's Information Private?**

Yes. All your child's survey answers will be kept private, and we will not be collecting their name or any other information about them. The survey will not be linked to them in anyway. No information will be shared with their classmates, parents, or teachers.

For the classroom observation, the ICF observer will not be interacting directly with students and will only be observing the teaching strategies being used during the health education lesson. No information about students will be collected or documented during the observation.

#### **Are there any Risks for my Child?**

Survey participation is not expected to cause any risks or discomfort to your child.

**Does my Child get an Incentive?**

As an incentive, your child's class will receive a collective thank you gift for participating in the survey valued at \$100. They will receive the thank you gift even if they decide not to answer certain survey questions, stop the survey at any time, or you choose to opt your child out of participating in the survey.

Thank you for considering your child's participation in CDC's Comprehensive Health Educator Core Knowledge and Skills (CHECKS) Study.

**Opt-Out Form**

If you do **NOT** wish for your child to participate in the survey, please sign the form below and return to the health education teacher and we will not contact you or your child again.

I \_\_\_\_\_[Parent's Name], **do not** want my child \_\_\_\_\_[Insert Name]  
to participate in the survey as part of the CHECKS Study.