OSHA's Form 300 (Rev. 01/2004)

Log of Work-Related Injuries and Illnesses

You must record information about every work-related death and about every work-related injury or illness that involves loss of consciousness, restricted work activity or job transfer, days away from work, or medical treatment beyond first aid. You must also record significant work-related injuries and illnesses that are diagnosed by a physician or licensed health

Attention: This form contains information relating to employee health and must be used in a manner that protects the confidentiality of employees to the extent possible while the information is being used for occupational safety and health purposes.



U.S. Department of Labor
Occupational Safety and Health Administration

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	care professional. You must also record work-related injuries and illnesses that meet any of the specific recording criteria listed in 29 CFR Part 1904.8 through 1904.12. Feel free to use two lines for a single case if you need to. You must complete an Injury and Illness Incident Report (OSHA Form 301) or equivalent form for each injury or illness recorded on this									Establishn	Establishment name						
	you're not sure whether a case				m sor) or equivalent form for each injury or limess recorde	u on uns				City			St	tate			
Identify the person			Describe the case				Classify the case										
(A) Case no.	(B) Employee's name	(C) Job title (e.g., Welder)	(D) Date of injury or onset of illness	(E) Where the event occurred (e.g., Loading dock north end)	(F) Describe injury or illness, parts of body affected, and object/substance that directly injured or made person ill (e.g., Second degree burns on right forearm from acetylene torch)	CHECK ONLY ONE box for each case based on the most serious outcome for that case:				Enter the number of days the injured or ill worker was:		Check the "Injury" column or choose one type of illness:					
						Remained at Work			ed at Work	A On ich	On ich	(M)	order	ory n	60	ssol	
						Death		Job transfer or restriction		Away from work	On job transfer or restriction	Injury	Skin disc	Respirate	Poisonin	Hearing All other illnesses	
						(G)	(H)	(1)	(J)	(K)	(L)	(1)	(2)	(3)	(4) (5	(5) (6)	
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Page totals

Be sure to transfer these totals to the Summary page (Form 300A) before you post it.

Tublic reporting burden for this confection of information is estimated to average 14 infinites per response, including time to review
the instructions, search and gather the data needed, and complete and review the collection of information. Persons are not require
to respond to the collection of information unless it displays a currently valid OMB control number. If you have any comments
about these estimates or any other aspects of this data collection, contact: US Department of Labor, OSHA Office of Statistical
Analysis Room N-3644 200 Constitution Avenue NW Washington DC 20210. Do not send the completed forms to this office

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