



Form Approved
OMB No.: XXXX-XXXX
Expiration Date: xx/xx/xxxx

2020 Community Based Survey of Supports for Healthy Eating and Active Living

Public Reporting burden of this collection of information is estimated to average 5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NW, MS D-74, Atlanta, GA 30333; ATTN: PRA 0920-xxxx). Do not return the completed form to this address.

INSTRUCTIONS FOR COMPLETING THE BOOKLET

This booklet contains several types of questions.

→ For some questions, you answer the question by marking a box, like this:

¹ Yes

² No

→ For some questions, you answer the question by filling in one number per box, like this:

9	0
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 Number of Days

→ You will sometimes be instructed to skip one or more questions.

In this example, if your choice is 'No', you skip to question 10; otherwise, you continue to the next question.

¹ Yes

² No → [GO TO QUESTION 10]

DEFINITIONS

For the purposes of this survey, please refer to the definitions below for the following terms.

- **Jurisdiction:** The geographic territory that is subject to a municipal government
- **Local government:** The administrative and legal body that oversees a particular jurisdiction
- **Community:** The people who live within a particular jurisdiction

CONSENT

On behalf of the Centers of Disease Control and Prevention (CDC), NORC at the University of Chicago (NORC) is conducting the Community-Based Survey for Healthy Eating and Active Living (CBS HEAL). The national study seeks to gather information on the existence of certain policies, standards, and practices enacted or implemented by local governments that promote more healthful eating and physical activity for residents.

Your municipality was selected randomly to participate and you were identified as the person best able to address questions about the policies enacted by your local government. The survey includes questions on the communitywide planning documents of local governments, policies that improve the built environment to support physical activity, and policies that support increasing access to healthful foods.

The survey will take approximately 30 minutes to complete. Your participation is voluntary. You may choose not to answer any of the questions or you may choose to not participate without penalty. There are no expected risks to participating in the survey.

CDC will use this information to evaluate the extent to which local communities have in place policy and environmental supports for healthy eating and active living consistent with recommendations from expert groups. In addition, communities, such as yours, may use the data collected to see how they compare with other communities nationally or with communities of a similar geography, population size, and urban status.

1 Does your local government have a Comprehensive/ General/Master Plan?

- 1 Yes
- 2 No
- 3 Don't know

2 Does your local government have any of the following types of master plans, including stand-alone plans that are not a part of the Comprehensive/ General/Master Plan?

	Yes	No	Don't know
A. A land use plan (for new development and growth management)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
B. A transportation plan	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
C. A parks and recreation plan	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
D. A bicycle or pedestrian plan	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
E. A health equity plan	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

3 Does your local government have a formal Complete Streets policy, as defined by the National Complete Streets Coalition, for designing and operating streets with safe access for all users? A Complete Streets policy, as defined by the National Complete Streets Coalition, is a policy ensuring that transportation planners and engineers consider the needs of all users during the design of major road projects, including bicyclists, pedestrians of all ages and abilities, public transit vehicles and riders, and motorists.

- 1 Yes
- 2 No
- 3 Don't know

4 Is the community currently served by public transit (e.g. buses, light rails, subway commuter rail, etc.)?

- 1 Yes
- 2 No, but planning for transit
- 3 No, and not planning for transit
- 4 Don't know

5 Not including schools, does your local government or a subcontractor sell foods or beverages to employees or visitors on local government-owned or operated properties? This could include cafeterias, vending machines, park concession stands, or other food venues.

- 1 Yes
- 2 No
- 3 Don't know

6 Not including schools, does your local government or a subcontractor serve food (at little or no cost) to facility residents or program participants in facilities or programs owned or operated by the local government? This could include correctional facilities, senior centers/programs, recreation programs, or other settings that serves congregate meals.

- 1 Yes
- 2 No
- 3 Don't know

7 Does your community have a farmers' market, farm stand, or green/produce cart?

- 1 Yes, we currently have one
- 2 No, but we are working on getting one
- 3 No, but we had one or more in the past
- 4 No, we have never had one
- 5 Don't know