

Form Approved  
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**DASH DEMO: CHECKS PD Pilot Study**

**Attachment 2**

**Adolescent Growth and Development Survey**

Public reporting burden of this collection of information is estimated to average 7 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; Attn: OMB-PRA (0920-0840)

## #1 Webinar- Adolescent Growth and Development

### Knowledge Questions

- Which of these statements are true? Choose all correct answers.
  - ① **Brain development during adolescence is very active**
  - ① **The prefrontal cortex is what controls decision making and emotions**
  - ① All adolescents experience developmental milestones on a set schedule
  - ① **Developments in the limbic system lead to an increased need for peer group and social acceptance among young teens (age 12 – 14 years)**
- Which developmental milestone is **not** typically associated with young teenagers (12-14 years old)?
  - ① Have more ability for complex thought
  - ① Develop a stronger sense of right and wrong
  - ① Begin to develop sperm and start menstruation
  - ① **Better able to give reasons for their own choices**
- Which health education teaching strategies are recommended based on typical adolescent developmental milestones?
  - ① **Make content relevant by using learning experiences that are student-centered, interactive, and experiential**
  - ① Use scare tactics like graphic images or stories in hopes that fear will prevent high risk behaviors
  - ① **Focus on short-term benefits of making low-risk decisions**
  - ① **Share practical information about the health topic, that students can use**

### Survey Questions

- How much did the Adolescent Growth and Development webinar build your ability to:

	Not at all	A little	Some	A lot
Describe and define key cognitive, physical, and social developmental milestones across adolescence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe how brain development during adolescence (12-17 years of age) affects cognition and behavioral health-related decision making	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Identify teaching strategies and learning considerations that are aligned with stages of adolescent development for optimal learning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. Please tell us how much participating in the Adolescent Growth and Development webinar increased your knowledge, skills, confidence, and motivation related to adolescent growth and development.

How much did participating in this webinar increase your...	Did not increase at all	Increased a little	Increased somewhat	Increased a lot
Overall <b>KNOWLEDGE</b> of the content presented	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall <b>SKILLS</b> presented and practiced during the webinar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall <b>CONFIDENCE</b> that I can apply the knowledge and skills to my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall <b>MOTIVATION</b> to implement the knowledge and skills presented	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Will you use what you learned in this webinar in your work?

Definitely not      Probably not      Probably will      Definitely will

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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(skip response – only ask if responded probably will or definitely will):

How will you use what you learned in this webinar? Please describe.

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4. Please rate your overall level of satisfaction with this webinar

Very dissatisfied      Dissatisfied      Somewhat satisfied      Very satisfied

<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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5. Is there anything else you would like to share with us about this webinar?

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