

Falls Prevention Public Input

To: Shannon Skowronski

RE: Written Comment

From: Healthy Living for ME

Date: November 9, 2020

Information Cover Sheet

The form is relevant to ensure fidelity of the program.

Suggested changes:

1. Add a space to include Host organization
 - Our organization tracks organizations as well as host sites
2. Add a check box for virtual or online delivery
 - The option is in Sales Force
3. Suggest adding to the Host/Implementation Organization Information to create one unified form.

Participant Information Form

Suggested changes:

Provide a small box on the bottom right hand corner of each sheet to identify participant ID. Should paperwork be separated, it provides another mechanism to keep forms complete.

Question 1

- Alter the question to provide a wider range of referral options (Physician, health care provider, community organization, family, or self)

- Health care provider and physician referrals are seldom chosen.

Question 5

- Add option “Prefer not to answer”
 - Many of our consumer will skip this question. This will help us identify if question was intentionally or unintentionally skipped.

Question 6

- Add option “Prefer not to answer”
 - Many of our consumer will skip this question. This will help us identify if question was intentionally or unintentionally skipped.

Question 7

- Alter options to the following
 - Some elementary, middle or high school
 - High school graduate or GED
 - Some college or technical school
 - Associates degree
 - Bachelor’s degree
 - Graduate school or higher
 - The current selection does not reflect all education levels

Question 9

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 10

- Change to reflect chronic conditions listed on the recently updated CDSME Participant Information survey for consistency.

Question 12

- Change to “In the last 4 weeks, how often did you feel lonely or isolated?”
 - None
 - 1- 2 days per week
 - 3-5 days per week
 - 5 or more days per week
 - Reasoning: Prior to the pandemic, the wording was found to be interpretive by our consumers.
 - We suggest another question be added around social Isolation due to COVID-19

Question 13 C

- “Was medical treatment needed?”
 - Yes
 - No
 - Prefer not to answer
 - Reasoning: Confusing for the participant that we receive very few responses

Question 14

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 15 A-E

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 18

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 19

- Omit question
 - Relevant only on post survey

Question 20

- Question modification – “On average, how many minutes a week are you physically active?”
 - None
 - Less than 30 minutes
 - 30 minutes
 - 60 minutes
 - 90 minutes
 - 120 minutes
 - 150 minutes or higher
 - Reasoning: Existing responses do not provide enough variety.

Post Survey

Question 1:

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 2:

- Change to “In the last 4 weeks, how often did you feel lonely or isolated?”
 - None
 - 1- 2 days per week
 - 3-5 days per week
 - 5 or more days per week
 - Reasoning: Prior to the pandemic, the wording was found to be interpretive by our consumers.
 - We suggest another question be added around social Isolation due to COVID-19

Question 3 C:

- “Was medical treatment needed?”
 - Yes
 - No
 - Prefer not to answer
 - Reasoning: Confusing for the participant that we receive very few responses

Question 4:

Add a 4C: How fearful of you falling in inclement weather.

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 5:

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 6:

- Substitute with a number scale of 1-10
 - Easier for the consumer to visualize as words are more interpretive.
 - Easier to define in analytics

Question 7:

Irrelevant to Tai Chi for Arthritis and Falls Prevention and EnhanceFitness as there is no lecturette or discussion around falls prevention.

7A: Eliminate due to redundancy

7B: Eliminate due to redundancy

7C: No change

7D: Not a high number of responses. Clarification is needed by participants on what this means.

7E: No change

7F: Yes or no check box –move to question 8

7G: No change

7H: Yes or no check box – move to question 8

Question 8:

- Option 1: Change to – “I feel more comfortable talking to a family member or friend about how I can reduce my risk of falling”
- Option 2: Change to – “I feel more comfortable talking to healthcare provider about how to reduce my risks of falling”
- Option 3: Change to – I have had my vision and/or hearing checked
- Option 4: No change
- Option 5: No change

Question 9:

- Question modification – “On average, how many minutes a week are you physically active?”
 - None
 - Less than 30 minutes
 - 30 minutes
 - 60 minutes
 - 90 minutes
 - 120 minutes
 - 150 minutes or higher
 - Reasoning: Existing responses do not provide enough variety.

Attendance Form

1. Change to landscape to account for length of Tai Chi and Enhance Fitness programs.