

Menu Labeling Rule

Key Facts for Industry



SOUTHWESTERN EATERY AND GRILL

Authentic recipes from Mexico

ENCHILADAS

Platters have 2 enchiladas and served with your choice of 2 sides

Cheese Enchilada	6.50	Cal. 640 - 1000
Chicken Enchilada	7.95	Cal. 600 - 960
Beef Enchilada	7.95	Cal. 700 - 1060
Beef and Chicken Enchilada	7.95	Cal. 650 - 1010

SIDES

Black Beans	1.99	Cal. 120
Refried Beans	1.99	Cal. 260
Mexican Rice	1.99	Cal. 100
Guacamole	1.99	Cal. 80
Sweet Corn Cake	1.00	Cal. 240
Side Salad w/ Dressing	2.99	Cal. 110 - 260

TACOS

Beef Tacos (Soft or Hard Shell)	6.50	Cal. 580 / 620
Chicken Tacos (Soft or Hard Shell)	7.00	Cal. 730 / 770
Fried Fish Tacos (Soft or Hard Shell)	7.00	Cal. 620 / 660
Shrimp Tacos (Soft or Hard Shell)	9.00	Cal. 680 / 720

DRINKS

Try one of our Fresh Homemade Margarita

House Style Margarita	7.99	Cal. 600
Cadillac Margarita	10.00	Cal. 720

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.