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Agency Information Collection Activities: Proposed Request

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Comment from McClanahan, Robin

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General Comment

I receive SSDI. I went through a CDR in 2014 or 2015. It took me over 60 minutes just to read through the paperwork I received, as it is very text-dense, I needed to be certain I understood it correctly, and my combination of ADHD, anxiety, and vision problems makes processing these kinds of forms very difficult.

It took weeks of calls and mailings back and forth between myself, SSA, and my doctors' offices (there were at least 6 at that time) to successfully provide SSA with my medical records. Between the labor that was required of me in order to get my doctors to provide my medical records, severe fatigue and chronic pain which only allowed me to work for very short periods at a time, and trying to clearly convey the complex ways my disabilities affect my daily life, it took me about 5-5.5 weeks to complete my Continuing Disability Review.

The process was exhausting, terrifying, and even the parts that were supposed to happen without much effort on my part (obtaining medical records) required my active management and participation, for an extended period of time.