

ADOPT A PATIENT-CENTERED APPROACH

Create an Inclusive Environment for Your Transgender Patients.

Many transgender people face stigma and discrimination in their daily lives that put them at increased risk of HIV and prevent them from accessing HIV services they may need.

By adopting a patient-centered approach, you can help reduce your transgender patients' barriers to HIV prevention and care. The Centers for Disease Control and Prevention recommends the following steps to create a welcoming environment in your practice:

- Politely and privately ask all patients for their correct name and pronouns.
- Use inclusive language on your intake forms, such as transgender and nonbinary gender options.
- Include images of transgender people of various races and ethnicities in your marketing and educational materials.
- Implement a policy that allows people to use the bathroom that matches their gender identity.



For resources on delivering patient-centered HIV care to your transgender patients, visit: cdc.gov/TransformingHealth.



Ending
the
HIV
Epidemic

PRESCRIBE PREP

PrEP Your Adolescent Patients to Protect Them From HIV.

Youth ages 13 to 24 make up 1 out of every 5 new HIV diagnoses in the United States. Health care providers like you play a critical role in preventing new HIV cases among adolescents by sharing the power of pre-exposure prophylaxis (PrEP).

Here are three things to know about prescribing PrEP to your adolescent patients:

- PrEP is a powerful tool that can help your patients stay HIV negative. When taken as prescribed, PrEP reduces the risk of getting HIV from sex by about 99% and from injection drug use by at least 74%.
- PrEP is approved for use in adolescents without HIV who weigh at least 77 pounds (35 kilograms).
- Studies show that PrEP is safe for adolescents; that it has few side effects, such as diarrhea, nausea, headache, and fatigue; and that these side effects go away over time.



For more information on prescribing PrEP to your adolescent patients, visit: cdc.gov/PrescribeHIVPrevention.



PREP IS FOR WOMEN

Share the Power of PrEP With Your Patients.

Did you know that not enough women who could benefit from pre-exposure prophylaxis (PrEP) receive it? Women account for approximately 20% of all HIV diagnoses but fewer than 8% of PrEP prescriptions.

The Centers for Disease Control and Prevention has new resources to help you and your patients determine if PrEP is right for them, including:

- Answers to health care providers' frequently asked questions about PrEP.
- The latest guidance on when to prescribe PrEP to your patients.
- Strategies for talking with your patients about the benefits of PrEP.



To learn more about PrEP for women, visit: [**cdc.gov/PrescribeHIVPrevention.**](https://cdc.gov/PrescribeHIVPrevention)



PRESCRIBE PREP

Prescribe PrEP to Help End the HIV Epidemic in the South.

Not enough people in the southern United States have access to pre-exposure prophylaxis (PrEP)—a powerful tool for preventing HIV. The South accounts for approximately 50% of new HIV infections but only 33% of PrEP prescriptions.

As a health care provider, you can help close the gap between PrEP need and use in the South by:

- Talking to all your patients at risk for HIV about whether PrEP is right for them.
- Informing your patients that PrEP is for anyone at risk for HIV through sex or injection drug use.
- Framing PrEP as part of your patient's comprehensive HIV prevention plan to empower them and remove the stigma around PrEP.



For more information about prescribing PrEP, visit: cdc.gov/PrescribeHIVPrevention.



PRESCRIBE PREP

Did You Know That Any Licensed Provider Can Prescribe PrEP?

Pre-exposure prophylaxis (PrEP) is a powerful tool for preventing HIV. However, fewer than 1 in 4 people who could benefit from PrEP receive a prescription. You can help change that!

You do not need to be an infectious disease or HIV specialist to prescribe PrEP. Any licensed prescriber can prescribe PrEP. If you see patients at risk for HIV, share the power of PrEP by making it part of their comprehensive prevention plan.



Access new Centers for Disease Control and Prevention resources with guidance and practical tools to help you prescribe PrEP: [**cdc.gov/PrescribeHIVPrevention.**](https://cdc.gov/PrescribeHIVPrevention)



Ending
the
HIV
Epidemic

UPDATED PrEP GUIDELINE

Get Up to Date on the Latest HIV Prevention Guidance from CDC.

Access the latest guidance from the Centers for Disease Control and Prevention (CDC) on prescribing and managing HIV pre-exposure prophylaxis (PrEP). The *Preexposure Prophylaxis for the Prevention of HIV Infection in the United States—2021 Update—A Clinical Practice Guideline* includes new information for health care providers to help increase PrEP use by people who could benefit from it.

The updated PrEP guideline includes two new graded recommendations:

GRADE
IIIB

Tell all sexually active adults and adolescents that PrEP can protect them from getting HIV to increase awareness of PrEP and help overcome stigma associated with PrEP.

GRADE
IA

Prescribe injectable PrEP (Apretude® [cabotegravir]) every 2 months for sexually active adults and adolescents who cannot or may not want to use oral PrEP medications.



For more information about these and other key changes in CDC's PrEP guideline, visit:

cdc.gov/hiv/clinicians/prevention/prep.html.



Get CDC's *PrEP and PEP for HIV Prevention Toolkit* for Your Practice.

PrEP (pre-exposure prophylaxis) is a powerful tool for preventing HIV. When taken as prescribed, PrEP reduces the risk of getting HIV from sex by about 99% and from injection drug use by at least 74%.

The Centers for Disease Control and Prevention's (CDC's) new *PrEP and PEP for HIV Prevention Toolkit* contains resources on how to make PrEP a part of your patients' comprehensive prevention plans, including:

- The latest CDC guidance on prescribing PrEP to prevent HIV.
- Answers to providers' frequently asked questions.
- Strategies for starting conversations with your patients about PrEP.
- Information for your patients about how PrEP works, its side effects, and how to pay for it.



To download or order CDC's *PrEP and PEP for HIV Prevention Toolkit*, visit: cdc.gov/PrescribeHIVPrevention.



SCREEN FOR HIV

Ending the HIV Epidemic Starts With Routine HIV Screening.

The Centers for Disease Control and Prevention (CDC) recommends that everyone between the ages of 13 and 64 get tested for HIV at least once and that those with ongoing risk be screened at least annually. Yet 1 out of every 8 people in the United States are unaware of their HIV status.

You can play a critical role in ending the HIV epidemic by offering HIV screening to all your patients. Routine HIV screening helps to:

- Reduce HIV transmission by empowering your patients to know their status.
- Improve your patients' health outcomes by linking them to prevention or care services.
- Eliminate stigma associated with HIV testing by making it the standard of care.



Access new CDC resources on integrating routine HIV screening into your practice at: cdc.gov/ScreenForHIV.



Ending
the
HIV
Epidemic

NEW FROM CDC

*Make HIV Screening the Standard of Care in Your Practice With CDC's **Screen for HIV Toolkit**.*

Early diagnosis of HIV is critical for reducing HIV incidence and improving health outcomes for people with HIV. Yet 1 in 8 people with HIV are unaware that they have the virus. The Centers for Disease Control and Prevention's (CDC's) new **Screen for HIV Toolkit** contains useful resources for your practice and your patients with:

- The latest CDC guidance on HIV screening.
- Practical tips for integrating routine HIV screening into your practice.
- Information to empower your patients to get tested, understand their test HIV results, and connect with support services.



To download or order CDC's **Screen for HIV Toolkit** today, visit:
[**cdc.gov/ScreenForHIV**](https://cdc.gov/ScreenForHIV).



Ending
the
HIV
Epidemic

HIV TREATMENT AS PREVENTION

Talk to Your Patients With HIV About the Benefits of Becoming Undetectable.

Getting your patients with HIV on treatment and helping them achieve and maintain an undetectable viral load are critical steps toward ending the HIV epidemic. People with HIV who take antiretroviral therapy as prescribed and become undetectable:

- Can live longer, healthier lives.
- Have effectively no risk of transmitting HIV through sex.

Talk to your patients with HIV about the benefits of becoming undetectable to keep themselves and their partners healthy.



To access resources from the Centers for Disease Control and Prevention on HIV treatment as prevention, visit: cdc.gov/HIVCareIsPrevention.



Ending
the
HIV
Epidemic