# Comprehensive Health Educator Core Knowledge and Skills (CHECKS) Study Teacher Consent

# **Purpose of the CHECKS Study**

The Centers for Disease Control and Prevention's (CDC) Division of Adolescent and School Health (DASH) and ICF, a research and evaluation firm, are looking for middle school and high school health teachers to participate in the Comprehensive Health Educator Core Knowledge and Skills (CHECKS) study during the 2022-2023 academic year. This study is designed to help us better understand the knowledge and skills that are most important for delivering health education and to test the effectiveness of CHECKS, a package of professional development offerings, on enhancing these knowledge and skills. The goal of the CHECKS study is to strengthen your knowledge and skills to deliver comprehensive health education to middle and high school students.

# What to expect

The CHECKS study will take place throughout the 2022-2023 school year, beginning in the summer and consist of a total of 16 hours of professional learning. CHECKS includes a virtual skill-based training (including pre-work), 8 self-paced learning modules, and Peer Sharing Network sessions with a facilitator and other teachers. Participants will also complete pre/post surveys to understand changes in essential knowledge and skills over time, and short feedback surveys after each component to understand knowledge gains and satisfaction with CHECKS.

## **CHECKS** components:

- ✓ Pre/post surveys
- ✓ ~6-hour virtual skill-building training (including pre-work)
- √ 8 Self-paced learning modules (~ 30-45 minutes each; including example topics such as Trauma-Informed Teaching Practices, Cultural Responsiveness and Student Assessment in Health Education)
- √ Feedback surveys
- ✓ Peer Sharing Network sessions (virtual)

In addition, as part of the study, students in your health education classes will be asked to complete a one-time survey to better understand their perceptions and experiences with your teaching skills in health education. A trained observer from the ICF team will also conduct a one-time classroom observation (e.g., 45-50 minutes) to understand your teaching skills and practices in the classroom. **Student survey responses and observation feedback will not be shared with your school district and is not being used to evaluate your teaching performance.** 

## When will the study take place? How long will it take?

The CHECKS study will take place throughout the 2022-2023 school year, beginning in the summer (July/August). The study will consist of a total of 16 hours of professional learning.

#### **Benefits to Taking Part**

Your participation in the CHECKS Study will provide valuable information to the ICF team about the essential knowledge and skills needed to support comprehensive health education instruction. Your

participation will also help refine and improve the CHECKS training objectives, materials, and activities needed to enhance the professional learning of other health education teachers in the field.

# **Participation is Voluntary**

You can choose whether to participate in the CHECKS Study which includes the (1) pre/post teacher survey measuring changes in essential knowledge and skills, (2) any or all of the professional development components, and (3) the classroom observation. If you decide not to participate, it will not be held against you in any way.

# **Privacy and Confidentiality**

You will be asked to provide standard registration information (name and email address) to enroll in the Learning Management System (LMS) that will host the CHECKS learning modules. All information collected from the CHECKS training and modules, pre/post surveys, and classroom observations will be confidential.

All of your responses will be linked to a confidential unique identification number. We will not use your name, and when summarizing results and producing reports, ICF evaluation team will ensure all data is presented in aggregate (i.e., all teacher response reported together). No data will be identified and linked to any individual participants.

## Possible risks or discomforts

Participating in the CHECKS study is not expected to cause any risks of discomfort. The classroom observation may increase feelings of discomfort for you. Remember, the observation is **not** a formal assessment of your teacher performance but a tool to help the trained observer identity key instructional skills used in comprehensive health education.

#### Payment/Incentive

ICF will work with district staff to ensure all participants are provided an appropriate level of compensation (up to \$450 total).

# **Contacting the ICF Team with questions**

You may call Lorin Boyce at (404) 929-8310 or <u>Lorin.boyce@icf.com</u> if you have questions about this study. If you have questions about the study approval process or your rights as a participant, please contact the ICF Institutional Review Board by phone at 404-321-3211 or <u>IRB@ICF.com</u>.

The CHECKS Training Study has been reviewed and approved by the ICF Institutional Review Board (IRB) for the Protection of Human Subjects.

Thank you for considering participation in the Comprehensive Health Educator Core Knowledge and Skills (CHECKS) Study.

#### **Opt-In Form**

Clicking "yes" below means that you agree to participate in the CHECKS Study. If you wish to stop at any time, please contact Lorin Boyce. Thank you.

- 1. Yes I have read the informed consent statement and agree to participate in the CHECKS Study.
- 2. No- I do not agree to participate in the CHECKS Training Study. Please EXIT LMS.