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Comment from Anonymous

Submitter Information

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General Comment

I have received SSDI since 2018, and have reviews every 6-18 months, despite being primarily bedbound and relying on PCA care for several basic ADLs. I have completed two long form CDRs since being approved. I am very organized in maintaining my medical records, compared to most patients I know.

I would estimate that my CDRs take me 4-6 hours to complete, spread out over a period of about 10 days.

My medical conditions cause brain fog, which makes it difficult for me to locate and compile information, and extreme fatigue and exhaustion, which limits my stamina to about 30 minutes of work like this on a good day. I have no capacity to do this kind of work on a bad day. Because of those limitations, when I have a CDR to complete, it is the only major task I can do in two weeks, and I may need to make choices like not bathing in that time in order to conserve me energy to focus on the CDR. It is vey overwhelming.