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Our doctor recently told our family to go on an elimination diet to determine whether certain foods are causing our symptoms. It has resulted in me spending hours upon hours reading labels in stores, trying to find items that are dairy-free and gluten-free. We also avoid soy, garlic, onions, MSG, dyes and preservatives. Many packaged items list their ingredients but do not include the separate line in bold underneath stating, for instance: "Contains soy" or "Processed on equipment that also processes wheat." This places a bigger time and energy burden on the consumer trying not to poison herself and her loved ones. I have mistakenly purchased items with dairy and had to discard them. Anything you can do to make it clearer would be beneficial to the health of the country. I am speaking here of packaged processed items, which are not necessarily good for us anyway. I don't need to have a label slapped on my asparagus, except I do expect Organic to be clearly identified in grocery stores. Of course independent local growers like my favorite vendor at the Flint, Michigan Farmers' Market should not have to bear this burden. In that case, I know exactly where my romaine was grown, who grew it, how he did it and the day he picked it. If the government wants to provide him with a poster of the nutritional value of each of the vegetables he grows, I'm sure he would post it at his market stall and if you provided a useful PDF, he might even forward it to his tiny list of subscribers. Best for your agency to focus on the "inside aisles" at the grocer where most people load up on those delicious, easy packaged processed foods that are most damaging to our collective health.