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Processed food needs a better warning system. Now companies will put on the front label "no high fructose or other types of additives". However, they don't warn the public that they used a cheap oil that may be very harmful to our health. Maybe a Star system such Australia uses could be on the front of products prompting consumers to read the back label of ingredients. Sellers also often times just put a generic ingredient label. Like salad dressings, it might be made with vegetable oil, canola, soy etc. They don't even tell you which one it is. All of these may be harmful in some way.