The VA provides free, confidential support 24/7 for Veterans and their family and friends. If you are in crisis, contact the **Veterans Crisis Line** by dialing 988 (Press 1), or dialing 1 (800) 273-8255 (Press 1), or texting 838255, or visiting <a href="https://www.veteranscrisisline.net">https://www.veteranscrisisline.net</a>. If you are homeless or at risk of homelessness, contact the **National Call Center for Homeless Veterans (NCCHV)** by dialing 1 (877) 424-3838 or visiting <a href="https://www.va.gov/HOMELESS/">https://www.va.gov/HOMELESS/</a>. Send comments regarding this burden estimate or any other aspect of this information collection, including suggestions for reducing this burden to Vets-Experience@VA.gov. VA will not disclose your personal information to third parties outside VA without your consent or when immediately responding to an expressed concern or need for immediate or resources.

OMB Number: 2900-0876 Expiration: 02/28/2026 Estimated Burden: 3 minutes

5

# Help us serve you better.

We want to hear about your experience with the new MOVE! Maintenance sessions. By responding to this survey, you will directly help us improve the program and provide better support to Veterans like you.

This voluntary survey should take you approximately 3 minutes to complete.

Which MOVE! Maintenance session are you providing feedback for?

2

1

- Select your response - 

In which medical center did you participate in the MOVE! Maintenance program?

- Select your response - 

How helpful was the information presented in this session?

Extremely unhelpful Somewhat unhelpful Neutral Somewhat helpful Extremely helpful

3

Extremely unacceptable	Somewhat unacceptable	Neutral	Somewhat acceptable	Extremely acceptable
1	2	3	4	5

## How much did you like this session?

Not at all	Not very much	Neutral	Somewhat	Very much
1	2	3	4	5

### How satisfied were you with this session?

Not at all satisfied	Slightly satisfied	Moderately satisfied	Satisfied	Extremely satisfied
1	2	3	4	5

### How likely would you be to recommend that this session be included in future programs?

Extremely unlikely	Unlikely	Neutral	Likely	Extremely likely
1	2	3	4	5

# How much did you learn in this session?

Nothing at all	Almost nothing	A slight amount	A fair amount	A good amount
1	2	3	4	5

#### How much did this session change how your think or feel about yourself?

Not at all	Slightly	Somewhat	A moderate amount	A great deal	
1	2	3	4	5	

#### How much did this session help you with your weight management goals?

Not at all helpful	Not very helpful	Slightly helpful	Somewhat helpful	Extremely helpful
1	2	3	4	5

#### **Finish**

VA may utilize individual Veteran survey data from this survey or other sources to ensure the final scores truly and accurately represent the experiences of Veterans. This information is collected in accordance with section 3507 of the Paperwork Reduction Act of 1995. Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 3 minutes to review the instructions and complete this survey. The results of this survey will be used to inform opportunities for program improvement in the quality of VA services. Participation in this survey is voluntary, and your decision not to respond will have no impact on VA benefits or services which you may currently be receiving. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at <a href="https://www.reginfo.gov/public/do/PRAMain">https://www.reginfo.gov/public/do/PRAMain</a>. Information gathered will be kept private to the extent provided by law.

#### Privacy Policy