

Current State Scales (CSS) and Stanford Sleepiness Scale (SSS)

Please enter the Participant ID:

Is this before the first or second cognitive test?







- ☐ First test
- ☐ Second test

Current State Scales

CSS1 For each of the following questions, please mark the line to indicate how you feel right now. The left side of the sliding scale (0) indicates No/None and the right side (100) indicates Extreme level.

Note: You must click or move the slider to make a selection, even if you are reporting a zero (0). A blue zero (0) will appear above the slider when you make a selection.

0 100

What is your current level of pain?	
What is your current level of fatigue?	
What is your current level of stress?	
What is your current level of energy?	
What is your current level of anger?	
What is your current level of motivation?	

Stanford Sleepiness Scale

Please select the response that best represents how you are feeling right now.

- ☐ Feeling active, vital, alert, or wide awake
 - ☐ Functioning at high levels, but not fully alert
 - ☐ Awake, but relaxed; responsive but not fully alert
 - ☐ Somewhat foggy, let down
 - ☐ Foggy; losing interest in remaining awake; slowed down
 - ☐ Sleepy, woozy, fighting sleep; prefer to lie down
 - ☐ No longer fighting sleep, sleep onset soon; having dream-like thoughts
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