

Paperwork Reduction Act Burden Disclosure Statement

This data is being collected to gather feedback and test knowledge of attendees for their understanding of the topic during the training session. The data you supply will be used for understanding where more training is needed and how to shape the content for future training sessions. The data will be collected through Microsoft Teams Polls, which is an online tool within Microsoft Teams that is free for users and easy to use. This tool is also interactive, which is one of the goals of the training team to spark discussion and engagement with the content presented in the training.

Public reporting burden for this collection of information is estimated to average 1 minute per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to Office of the Chief Information Officer, Enterprise Policy Development & Implementation Office, IM-22, Information Collection Management Program (1910-5160), U.S. Department of Energy, 1000 Independence Ave SW, Washington, DC 20585; and to the Office of Management and Budget (OMB), OIRA, Paperwork Reduction Project (1910-5160), Washington, DC 20503.

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Submission of this data is voluntary.

MS Polls Instructions:

1. We will pose a question to the group, which will populate on your screen automatically.
2. Please take a moment to read the question and select the best choice.
3. Questions and answers will populate in real time.
4. The question pop up will remain on your screen (even after selecting an answer) until you click, "Done."
5. Make sure to select "Done" to remove the question pop-up from your screen so you may still follow along with the presentation.
6. All questions will remain visible in the chat.

Poll Question

Q. I prioritize staying secure online.

- a. Strongly Disagree
- b. Somewhat Disagree
- c. Neither Agree nor Disagree
- d. Somewhat Agree
- e. Strongly Agree

Poll Question

Q. Staying secure online is under my control.

- a. Strongly Disagree
- b. Somewhat Disagree
- c. Neither Agree nor Disagree
- d. Somewhat Agree
- e. Strongly Agree

Poll Question

Q. How confident are you in your ability to identify a phishing e-mail or a malicious link?

Please rate this statement from 1 to 5:

- 1 (not at all confident)
- 2 (not confident)
- 3 (neutral)
- 4 (confident)
- 5 (very confident)

Poll Question

Q. How long are the passwords you usually create?

- a. 6 characters or less
- b. 7-8 characters
- c. 9-11 characters
- d. 12-15 characters
- e. 16 characters or longer

Poll Question

Q. How often do you use unique passwords for your important online accounts (e.g., email, social media, payment-related sites)?

- a. All the time
- b. The majority of the time
- c. Half of the time
- d. Some of the time
- e. Never

Poll Question

Q. What is your preferred method of remembering multiple passwords?

- a. I write them down in a notebook.
- b. I write them down in a document on my computer (electronic format).
- c. I store them in my phone.
- d. I store them in my email.
- e. I remember them (without writing them down).
- f. I save passwords in the browser (e.g. Google Chrome or Firefox).
- g. I use a password manager application (e.g. 1Password, LastPass, iCloud keychain).
- h. I just reset them each time I need to log in

Poll Question

Q. I find cybersecurity intimidating.

- a. Strongly Disagree
- b. Somewhat Disagree
- c. Neither Agree nor Disagree
- d. Somewhat Agree
- e. Strongly Agree

Poll Question

Q. I find staying secure online frustrating.

- a. Strongly Disagree
- b. Somewhat Disagree
- c. Neither Agree nor Disagree
- d. Somewhat Agree
- e. Strongly Agree

Poll Question

Q. How has training influenced your security behaviors? (check all that apply)

- a. I started using Multi-Factor (or Two-Factor) authentication (MFA/2FA).
- b. I became better at recognizing and reporting phishing messages (e.g. emails, texts).
- c. I started saving passwords using a password manager (e.g. in Browser, 1Password, LastPass, iCloud Keychain).
- d. I started regularly installing the latest software and app updates.
- e. I started using a strong and separate password(s).
- f. I started backing up my data.
- g. I didn't change any of my online security behaviors.
- h. I already do all these things, so I didn't change anything.