DO GMOs AFFECT YOUR HEALTH?

Do GMOs affect your health? Well, years of research in the U.S. and around the world shows GMO foods are just as safe to eat as non-GMO foods, and any long-term health effects from GMO foods are no different than those from non-GMO foods. There are even GMO plants created with improved nutritional value, like a GMO soybean that produces healthier oil.





