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## **Comments Received:**

This comment is for Docket#202412 0920 006

In regards to the 2022 Updated guidelines. I am a 49 year old male whom use to weigh 175 pounds and now I weigh 155 I am a 19 year legacy pain patient whom has Adhesive Arachnoiditis in my Lumbar in order for me to ensure my basic needs I have to have Pain Control. BEFORE the new ones came out I was at 120 MME a day and now I'm at 30 MME and not able to do my daily normal functions like cooking, cleaning I use to walk and now I can barely make it to my mailbox. MY state used the 2016 guidelines as laws and have not even changed any policy as it states based of the CDC guidelines on prescribed pain medication. IT HAS GOTTEN WORSE, EMERGENCY ROOM VISITS, it's not A quality of life it's a a life that is not suitable for LIFE. What else is there DEAth, There must be a awareness campaign in every community local state and federal. I would also like to be one of the patients your agency is looking for to be allowed in the decision making on how to implement the Awareness Campaign.

Teamwork involves Patients too not just doctors we Patients know our bodies and you can't have one size fits all approach Thank you