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The CDC needs to change their guidelines on opioids. Before they had their 2016 guidelines, less people were dying of illicit drugs. Use of safe, opioid medication has not shown to have any increase in deaths or overdose. Instead, it's pushing people to suicide that don't get enough pain management, which is most people. There should be no guidelines. It should be between the person and their doctor. The DEA needs to get out of healthcare. There should not be arbitrary limits. I know doctors that are scared of prescribing because they think they'll lose their license. This leads to suffering unnecessarily in a first world country. Their only guideline should be supporting the doctors that thoroughly evaluate their patients and prescribe based on their pain, there is no need to police them. A 90 MME limit is stupid and not at all helpful there are people with intractable pain. Everyone is different. Doctors have gone through enough training to determine the right amount of medication to give to people. The CDC should back out it would be safer for everyone. In addition, methadone clinic should be easily accessible, and Suboxone should not be the only choice of medication for people who want to get off of opioids.