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The 2016 CDC guidelines have caused a reduction of my opioid medication to the point of making me in such physical pain I can no longer attend family functions or other important activities that I use to with proper dosage management. The Doctor's, and pharmacies are in fear of the law coming after them that their hands are tied. I also had to pick between my mental health medication or pain medication. I'm not allowed to be treated for both. I have Degenerate disk disease, RA, OA both hips replaced and 3 major lumbar and cervical fusions. I had quality of life before the guidelines. I was forced tapered from 110mg oxycodone to 60 mg and had to stop all anxiety meds. I'm forced to sign a pain contract and provide a urine test every month. I'm treated like a criminal now..The harm these guidelines have caused me is inhumane treatment. It's clear that the CDC, DEA, DOJ and other 3 letter agencies are not concerned about the true reason of this opioid crisis which stems from illegal fentanyl. People are dying from their pain no longer is being treated properly. DEA has been cutting the prescription opioids by 56% now causing a government made shortage. Yet overdoses are still increasing. The damage that these lies on disabled and sick people is criminal.