

**Author Full Name :** C MG**Received Date :** 01/21/2025 12:08 PM**Comments Received :**

The CDC "guidelines" were supposed to be just that, Guidelines, however, that is not what happened. These Guidelines were weaponized against the chronic pain community and caused irreparable and ongoing harm. As a CPP since 2009 who has never abused my medication, never asked for early refills, never had a dirty UA and submitted myself to all the "procedures" asked of me, I never thought I would live in fear of growing old.

Now my anxiety and depression are worse, I constantly worry about whether or not I will have access to the medications that allow me to live a better, more fulfilling, less painful life.

Dependency is NOT the same as addiction. The Guidelines caused an over correction and many doctors have left the pain management profession altogether leaving many patients as pain refugees in their communities. This is unacceptable for the USA. I am an adult. I should have the right with informed consent to be able to participate in my own healthcare decisions. Yes, I understand the risk, however, I should NOT be punished for others' mistakes and addictions. Those are not my mistakes, and I am NOT an addict. I understand the need to treat those with addiction but you cannot practice a one size fits all in Medicine. Everyone is an individual with different genetics and individualized medicine should be the Gold standard in USA. I would willingly sign a waiver for any pain management doctor absolving his person and practice from all legal obligations because I am confident that with my doctors' input I can have my pain managed, my anxiety managed as I have already demonstrated for 15 years and counting, successfully. The government needs to step aside and allow my doctor and I to decide what is the proper treatment.

Something MUST be done to protect pain management doctors from the DEA.

According to the AMA dated 11/12/2019

James L Madera , MD

" ...There is NO substitute for individual clinical decision-making to support patients"

This is what is missing today with regard to chronic pain patients and the misapplication of the CDC "Guidelines". You have medical professionals lying to patients, force tapering patients and dropping patients who try to advocate for themselves. You are labeled as difficult or worse for advocating. Afraid to go to the ER or Urgent care bc they will try to chart you as a druggie so many people who need help for their illnesses suffer in silence. This tyranny has gone on long enough. Time for change and to rewind back some of the recommendations and you can start with abolishing the MME Guidelines.

CMG

Chronic Pain Patient since 2009