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I am a 29 year old gender queer individual who has lived in and participated in this society since birth. I have an X marker on my state ID and I have for 5 years now. My gender identity is not a phase, it is something I have felt intimately since I was a child but did not have the words for. However, none of this should matter when it comes to my passport. Gender and sex have no logical bearing on where I want to travel outside of the US. What is in my pants should not matter unless you are my doctor or are intimately engaged with me. Are you? I hope not. In biology, we refer to a person's appearance as a genetic phenotype. There is no standard way a "woman" or a "man" presents. Women who have PCOS can grow facial hair. There are people who naturally look androgynous. And many many other examples. The link at the bottom of this comment explains this well. The point being, gender/sex are not reliable ways to meet the goals of having a sex marker on a passport. Instead of asking ourselves "what gender markers should we allow on a passport" we should be asking ourselves, "what is the purpose in the first place of having a gender marker on a passport at all?" For aid in identifying an individual. A passport already requests other more reliable identification: a picture, your date of birth, your legal name, your passport number, and one's place of birth. What does a sex marker add to this? It doesn't. The human species varies greatly, not just between one's "sex" but within one's "sexual group" as well. If it has no purpose, then why waste your time on it? Why waste resources?

Scientifically speaking, there are no "only two genders/sexes". There are many different combinations of sex chromosomes and anatomical appearances.

<https://www.evolutionsociety.org/news/display/2025/2/7/letter-to-the-us-president-and-congress-on-the-scientific-understanding-of-sex-and-gender/>

Now, if we must have a gender marker, should it not be a marker that most accurately reflects one's physical presentation? Transgendered people have been around for a very long time, thousands of years. We are not going anywhere. What help is it, if a border patrol employee sees a passport with a F marker but the person is physically presenting as "male"? You've yet again negated the very purpose a sex marker is supposed to serve. If that same person were allowed to have an M on their passport, or even an X, it is now more "accurate". People need to be able to self identify themselves. This is a simple and logical solution and one we already had that was working just fine.

Lastly, this is plainly discriminatory. For those of you who are cisgender and are reading this, I implore you to put yourself in our shoes. How would you feel if you woke up and were in a body that is a gender other than your current one? And you can't change out of it and you have to be referred to in the terminology belonging to this new gender. If you were a man, and now are a woman, you're now expected to wear dresses, have long hair, wear make up, shave your legs, be quiet, etc. It would not feel right. That should be a simple concept to grasp. Use your humanity for once and practice empathy. Put yourselves in our shoes before making choices that impact us.