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Please continue to make the gender marker X available for American citizens on their passports, and to recognize it as a viable option for all travelers. Science actually shows that the reality of human biology is more complicated than just two categories. While most people can be accurately sorted into M or F, there are also millions of people who are intersex, for example. Furthermore, human history is full of examples of people who we now call "trans" and/or "nonbinary." As the American Anthropological Association has stated:

"Around the world and throughout human history, there have always been people whose gender roles do not align neatly with their reproductive anatomy. There is no single biological standard by which all humans can be reliably sorted into a binary male/female sex classification." <https://americananthro.org/news/no-place-for-transphobia-in-anthropology-session-pulled-from-annual-meeting-program/>

Maintaining the X gender marker better aligns with the reality of human genetics, biology, and culture. Removing that option does absolutely nothing to protect women. And the biological truth is that human genetics and physiology are actually more complicated than just two sexes.