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The proposal to limit identity to two genders is misguided, biologically inaccurate, and harmful to the health of individuals who are not cisgender. As a physician, I am highly educated on the biology of sex and gender identity. While the male and female sexes are the most common, approximately 1.7% of babies born may exhibit traits of either sex, frequently related to chromosomal or genetic differences than the typical XX and XY patterns, and thus do not fit the strict definition of male or female, a condition known as intersex. Additionally, individuals who identify as trans or nonbinary, that is, not identifying with the gender expressions expected to correlate to their sex assigned at birth, are harmed by this policy. Acknowledging a person's gender identity reduces risk of suicide and depression. There are no clear societal harms in permitting these individuals, who account for a small but significant portion of the population, to live in the legal and public eye as the people they truly are. Moreover, when forced into silence, isolation, and essentially being told that their identities are illegitimate, these individuals are at great risk of depression and self-harm, thus taking a toll on the country's health care and social service systems. The effort to limit passports to two sexes is a blatant attempt to further marginalize people who are already stigmatized, which has the potential to worsen health outcomes for these individuals while having no clear benefit to society or systems at large. As the aunt of a nonbinary teen, this issue is also personal for me. I have watched my beloved nibling (nonbinary child of one's sibling) come into their own and mature as a person since embracing their true identity. They are kind, social, intelligent, and fun- and they deserve to be recognized for who they are and not forced to choose one of two identities for which they do not fit the mold. Thank you for considering this important matter.

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