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In my personal experience, people looking at my identification documents do not differentiate between gender or sex. Before I could update all of my documents I sometimes suffered from discrimination after showing a doorman my military ID, for example, because the sex data conflicted with my actual real-life gender. Whereas now, since having all of my documentation updated for nearly five years, I have never once shown my ID and received such instant and negative feedback.

Those checking IDs only seem to see M or F; that letter not only determines what you were born with but also how you should be living now, i.e., it also dictates what your gender is and who you are as a person. Forcing the small minority of differently gendered people to publicly proclaim an incongruous birth sex encourages prejudice, transphobia, and harassment. I live as a woman, I move throughout the world, on all my travels as a woman, I receive medical care corresponding with my hormone therapy and corrective surgeries as a trans woman. I'm very happy that all of my identification documents say Female and that no one bats an eye when I use my F-marked passport to verify who I am. Please do not force trans people to risk their safety and social standing by exposing their medical history and birth defects as a technicality of terms on the passport form.