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I will start with the simple fact that I under no circumstances support this change as I believe it not only serves as an inadequate fig leaf for the blatanly unlawful actions taken by the state department (if any proof may be asked of me I will only comment that the mere existence of this proposal demonstrates the government's understanding that my statement is true), but also makes the government less efficient and unduly burdens americans who don't appear to adequately match the sex designation on their documents to the untrained eye of security officers, customs officials, and diplomatic officials, foreign and domestic. The government will be made less efficient as it will be burdened with verifying an individual's "sex assigned at birth" a metric that is not only wholly arbitrary and blatantly unscientific, but also unreliably documented. As it stands a person may update their birth certificate and other documentation such that it does not reflect their "sex assigned at birth" and thus if they were to attempt to comply with the document's request would likely face long periods of waiting as the Department of State attempts to verify this convoluted identity. Furthermore if they manage to navigate out of this labyrinthine bureaucratic hellscape they will be immeadiately thrust into another as now they may have documents that no longer match further creating bureaucratic inefficiencies and confusion for as long as their documents continue not to match. Finally there is no reason other than a certain kafkaesque diktat, which itself cannot be reasonably interpreted in any fashion as it's allusion to "sex at conception" is a biological impossibility and a mockery of science, for this change to occur.