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The change on passports from gender to sex is both unethical and unconstitutional. It deprives people who do not wish to associate themselves with their gender at birth the right to express that decision. By not providing any alternative way for people to express their identity, it also violates a person's freedom of speech. Finally, it's also impractical for many situations where people have been born intersex, or have had medical care which has changed their biological attributes to where they no longer match a given "sex."

Expression of gender is a choice in the same way that legally changing one's name is a choice. To demand someone who changed their name use their name given at birth is a ridiculous and inhumane process. So too with forcing people to use "sex" instead of gender. At a minimum, passports need to retain the nonbinary box, or a place to articulate gender needs to be made.