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The ability to change one's name to reflect one's body, mind, and soul has saved my family. My spouse had been struggling with his gender identity for several decades when I first met him. He knew on the inside who he was, in body, mind, and soul. But the world would not recognize him. He felt the world was not ready for him. He had developed depressive and mood disorders over the decades before I knew him. And he had several times where his life almost ended.

I am glad I managed to meet him when I did. It became my mission to help him. I could see him for who he was. I am so glad I could save him. And my only goal, then and now, is to see him happy. My only regret is that I couldn't prevent the trauma that he still carries with him today. But we'll stick together, caring for each other, as we spend the rest of our lives together.

Unfortunately, many trans people aren't so lucky. No one was there to save them. And they died. Anything I can do to save peoples lives, to lessen their trauma, to make their lives even a little bit easier, I will do. It's almost funny how easy it is to be a superhero nowadays. All you need is a little compassion, and you can save the lives of countless Americans.