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Trump issued an executive order changing the definition of sex and gender at the federal level. One of the outcomes of this order is that transgender, gender nonconforming and intersex people are no longer able to obtain a passport that aligns with their true gender. This policy is unjust, discriminatory and potentially dangerous. As a Clinical Psychotherapist I know the effect being mislabeled can have psychologically, medically and physically on someone. This can cause a traumatic response making someone spiral to severe dysregulation.