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The change is wholly unnecessary and will benefit nobody. For what little benefit in identification (to prevent impersonation or identity theft) having the Gender listed on the passport provides, having the biological sex assigned at birth listed on the passport is innumerable less useful. While neither are accurate predictors of how a person will act or look, Gender is far more likely to be linked with actual appearance or mannerisms, due largely to the fact that it can be changed by the person in question to better reflect how they feel. Someone who identifies as a woman is far more likely to have feminine appearance traits, such as long hair, makeup, or wearing a dress, while someone who identifies as a man may do these things, they are statistically less likely to do so, and the inverse is true for masculine appearance traits. However, neither of these are as closely linked to biological sex at birth, and any physical characteristics related to that, such as height breast size, are not useful for personal identification due simply to the sheer number of people who fall outside of the average range in either direction, as would be expected by the term "average".

In addition to not being beneficial for identification, this change would also harm Intersex people, who generally could not truthfully claim to be biologically "Male" or biologically "Female", at least not in the same sense that their non-intersex peers might, and even in cases where they would claim to be one, could not be as readily associated with physical featured typical of people of that biological sex as those who are not intersex might, hammering home how useless this would be for aiding in the confirmation of identity.

In conclusion, this change would neither make the jobs of people checking passports easier or more efficient (And, indeed, might well do the inverse), but would negatively impact the lives of transgender and intersex people, who may be required to have a sex listed on their passport that does not match their appearance or identification, nor in some cases their actual biology, and in the case of intersex people this could be seen as going against the Equal Protection clause of the 14th amendment.