

How to wear a Respirator

1 Check your N95 respirator for damage



2 Place respirator over nose and mouth



3 Place straps on head and neck



4 Pinch nose piece



5 Check for a good seal



For more information on how to wear a respirator scan the QR Code



When to Replace your Respirator

Recommended for one-time use, but if you re-use your respirator more than once, then replace when:

- Dirty
- Damaged
- Difficult to breathe through



When to use your Respirator

- Wildfire Smoke
- Air Pollution
- Infectious Disease like COVID-19 and Influenza (Flu)
- Home Hobbies and Projects
 - Woodworking
 - Painting
 - Mold Removal
 - Demolition/Renovation

For Home Hobbies and Projects, scan the QR code for a detailed guide to choose the correct respirator



Where to Purchase a Respirator



Hardware Stores
Home Improvement Stores



Pharmacies



Manufacturer's Website

Avoid buying respirators from third-party online sellers as these can sometimes be fake and counterfeit.

RESPIRATORS AND MASKS

From Least to Most Effective

Least

Cloth Masks



- Poor Seal (has gaps)
- Fabric does not filter out hazardous materials

Surgical Masks



- Varied material
- Poor seal (has gaps)

KN 95s/ KF 94s



- International respirators
- Has ear loops causing a poor seal (has gaps)

N95 Respirator



- Domestic respirators
- Head straps
- Highly recommended for most everyday hazards like infectious diseases, wildfire smoke, and air pollution.

Elastomeric Half Mask Respirator



- Use for more involved projects
- Reuseable
- Can be tailored to specific needs

Least

Most