DRAFT 2010 NHIS Questionnaire - Sample Adult
Diet and Nutrition
Document Version Date: 23-Jul-09

Question ID: NAC.005_00.000 **Instrument Variable Name:** SPSPEAK **QuestionnaireFileName:** Sample Adult

QuestionText: (book) CAN1

First, I would like to ask about the language you use most often. In general, what language do you speak?

1	Only Spanish
2	Mostly Spanish
3	Spanish and English about the same
4	Mostly English
5	Only English
6	Other
7	Refused
9	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <1-5,R,D> [goto CEREALNO] <6> [goto OTHLANG]

Question ID: NAC.006_00.000 **Instrument Variable Name:** OTHLANG **QuestionnaireFileName:** Sample Adult

QuestionText: *Specify the language used most often.

7	Refused
9	Don't know
Verbatim	Verbatim Response

UniverseText: Sample adults 18+ who gave other language used most often

SkipInstructions: <allow 20,R,D> [goto CEREALNO]

Question ID: NAC.010_01.000 **Instrument Variable Name:** CEREALNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

These questions are about the different kinds of foods you ate or drank during the past month, that is, the past 30 days. When answering, please include meals and snacks eaten at home, at work or school, in restaurants, and anyplace else.

During the past month, how often did you eat HOT OR COLD CEREALS? You can tell me per day, per week, or per month.

*Read if necessary: Include cereals eaten at any time of the day.

* Enter number.

* Enter '0' for Never.

00	Never
00-95	1-30 Times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto MILKNO]; else [goto CEREALTP]

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Question ID: NAC.010_02.000 **Instrument Variable Name:** CEREALTP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate cereal in the past month

SkipInstructions: <1-3,R,D> [goto CERTYP]

Question ID: NAC.015_00.000 **Instrument Variable Name:** CERTYP **QuestionnaireFileName:** Sample Adult

QuestionText: During the past month, what kinds of cereal did you USUALLY eat? You may choose up to two.

*Enter the name of the cereal to locate in the lookup table.

List Choose cereal from look-up list

UniverseText: Sample adults 18+ who ate cereal in the past month

SkipInstructions: All goto MILKNO

Question ID: NAC.020_01.000 **Instrument Variable Name:** MILKNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you have MILK, either to drink or on cereal? Do NOT include soy milk or small amounts of milk in coffee or tea.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
9	Don't know
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto SODANO]; else [goto MILKTP]

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Question ID: NAC.020_02.000 **Instrument Variable Name:** MILKTP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused

UniverseText: Sample adults 18+ who drank milk in past month

SkipInstructions: <1-3,R,D> [goto MILKTYP]

Question ID: NAC.025_00.000 **Instrument Variable Name:** MILKTYP **QuestionnaireFileName:**

QuestionText: What type of milk was it? Was it usually…

*Read categories below.

1	Whole or regular milk
2	2% fat or reduced-fat milk
3	1% fat or low-fat milk (includes 0.5% fat milk or "low-fat" milk no further specified)
4	Fat-free, skim or nonfat milk
5	Soy milk
6	Other
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who drank milk in past month

SkipInstructions: <1-6,R,D> [goto SODANO]

Question ID: NAC.030_01.000 **Instrument Variable Name:** SODANO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

During the past month, how often did you drink REGULAR SODA or pop that contains sugar? Do NOT include diet soda. You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto FRJUICNO]; else [goto SODATP]

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Question ID: NAC.030_02.000 **Instrument Variable Name:** SODATP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who drank soda in past month

SkipInstructions: <1-3,R,D> [goto FRTJUICNO]

Question ID: NAC.040_01.000 **Instrument Variable Name:** FRJUICNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month

How often did you drink 100% PURE fruit juice such as orange, mango, apple, grape and pineapple juices? Do NOT include fruit flavored drinks with added sugar or fruit juice you made at home and added sugar to.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto COFFEENO]; else [goto FRJUICTP]

Question ID: NAC.040_02.000 **Instrument Variable Name:** FRJUICTP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who drank fruit juice in past month

SkipInstructions: <1-3,R,D> [goto COFFEENO]

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Question ID: NAC.042_01.000 **Instrument Variable Name:** COFFEENO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month

How often did you drink COFFEE, including lattes, and TEA, including bottled tea, that was sweetened with sugar or honey? Do not include drinks with things like Splenda or Equal.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto SPORDRNO]; else [goto COFFEETP]

Question ID: NAC.042_02.000 **Instrument Variable Name:** COFFEETP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who drank coffee in past month

SkipInstructions: <1-3,R,D> [goto SPORDRNO]

Question ID: NAC.045_01.000 **Instrument Variable Name:** SPORDRNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month

How often did you drink SPORTS and ENERGY drinks such as Gatorade, Red Bull, and Vitamin water?

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto FRTDRNO]; else [goto SPORDRTP]

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Question ID: NAC.045_02.000 **Instrument Variable Name:** SPORDRTP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who drank sports drink in past month

SkipInstructions: <1-3,R,D> [goto FRTDRNO]

Question ID: NAC.060_01.000 **Instrument Variable Name:** FRTDRNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month

How often did you drink sweetened fruit drinks, such as Kool-aid, cranberry and lemonade? Include fruit drinks you made at home and added sugar to.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto FRUITNO]; else [goto FRTDRTP]

Question ID: NAC.060_02.000 **Instrument Variable Name:** FRTDRTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who drank fruit drinks in past month

SkipInstructions: <1-3,R,D> [goto FRUITNO]

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Document Version Date: 23-Jul-09

Question ID: NAC.070_01.000 **Instrument Variable Name:** FRUITNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat FRUIT? Include fresh, frozen, or canned fruit. Do NOT include juices.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto SALADNO]; else [goto FRUITTP]

Question ID: NAC.070_02.000 **Instrument Variable Name:** FRUITTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate fruit in past month

SkipInstructions: <1-3,R,D> [goto SALADNO]

Question ID: NAC.090_01.000 **Instrument Variable Name:** SALADNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . .

How often did you eat a green leafy or lettuce SALAD, with or without other vegetables?

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto FRIESNO]; else [goto SALADTP]

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Question ID: NAC.090_02.000 **Instrument Variable Name:** SALADTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate salad in past month

SkipInstructions: <1-3,R,D> [goto FRIESNO]

Question ID: NAC.100_01.000 **Instrument Variable Name:** FRIESNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat any kind of FRIED POTATOES, including French fries, home fries, or hash brown potatoes?

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto POTATONO]; else [goto FRIESTP]

Question ID: NAC.100_02.000 **Instrument Variable Name:** FRIESTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate fried potatoes in past month

SkipInstructions: <1-3,R,D> [goto POTATONO]

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Question ID: NAC.110_01.000 **Instrument Variable Name:** POTATONO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat any OTHER KIND OF POTATOES, such as baked, boiled, mashed potatoes, sweet potatoes, or potato salad?

*Read if necessary: You can tell me per day, per week, or per month.

*Read if necessary: Do NOT include yams or sweet potatoes. INCLUDE red-skinned and Yukon Gold potatoes.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto BEANSNO]; else [goto POTATOTP]

Question ID: NAC.110_02.000 **Instrument Variable Name:** POTATOTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate other potatoes in the past month

SkipInstructions: <1-3,R,D> [goto BEANSNO]

Question ID: NAC.120_01.000 **Instrument Variable Name:** BEANSNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat refried beans, baked beans, beans in soup, pork and beans or any other type of cooked dried beans? Do NOT include green beans.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto BRRICENO]; else [goto BEANSTP]

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Question ID: NAC.120_02.000 **Instrument Variable Name:** BEANSTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate beans in past month

SkipInstructions: <1-3,R,D> [goto BRRICENO]

Question ID: NAC.125_01.000 **Instrument Variable Name:** BRRICENO **QuestionnaireFileName:**

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat BROWN RICE or other cooked whole grains, such as bulgur, cracked wheat, or millet? Do NOT include white rice.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto OVEGNO]; else [goto BRRICETP]

Question ID: NAC.125_02.000 **Instrument Variable Name:** BRRICETP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate brown rice in past month

SkipInstructions: <1-3,R,D> [goto OVEGNO]

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Question ID: NAC.130_01.000 **Instrument Variable Name:** OVEGNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

Not including what you just told me about (lettuce salads, potatoes, cooked dried beans), how often did you eat OTHER VEGETABLES?

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto SALSANO]; else [goto OVEGTP]

Question ID: NAC.130_02.000 **Instrument Variable Name:** OVEGTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate other vegetables in past month

SkipInstructions: <1-3,R,D> [goto SALSANO]

Question ID: NAC.131_01.000 **Instrument Variable Name:** SALSANO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you have Mexican-type SALSA made with tomato?

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto PIZZANO]; else [goto SALSATP]

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Question ID: NAC.131_02.000 **Instrument Variable Name:** SALSATP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate salsa in past month

SkipInstructions: <1-3,R,D> [goto PIZZANO]

Question ID: NAC.132_01.000 **Instrument Variable Name:** PIZZANO **QuestionnaireFileName:**

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat PIZZA? Include frozen pizza, fast food pizza, and homemade pizza. You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto TOMSAUNO]; else [goto PIZZATP]

Question ID: NAC.132_02.000 **Instrument Variable Name:** PIZZATP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate pizza in past month

SkipInstructions: <1-3,R,D> [goto TOMSAUNO]

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Question ID: NAC.133_01.000 **Instrument Variable Name:** TOMSAUNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you have TOMATO SAUCES such as with spaghetti or noodles or mixed into foods such as lasagna? Do not include tomato sauce on pizza.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto CHEESENO]; else [goto TOMSAUTP]

Question ID: NAC.133_02.000 **Instrument Variable Name:** TOMSAUTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate tomoto sauces in past month

SkipInstructions: <1-3,R,D> [goto CHEESENO]

Question ID: NAC.134_01.000 **Instrument Variable Name:** CHEESENO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat any kind of CHEESE? Include cheese as a snack, cheese on burgers, sandwiches, and cheese in foods such as lasagna, quesadillas, or casseroles. Do not include cheese on pizza.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto REDMETNO]; else [goto CHEESETP]

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Question ID: NAC.134_02.000 **Instrument Variable Name:** CHEESETP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate cheese in past month

SkipInstructions: <1-3,R,D> [goto CHEESTYP]

Question ID: NAC.135_00.000 **Instrument Variable Name:** CHEESTYP **QuestionnaireFileName:**

QuestionText: How often was the cheese you ate light or low-fat cheese, including cottage cheese?

*Read categories below…

1	Almost never or never
2	About 1/4 of the time
3	About 1/2 of the time
4	About 3/4 of the time
5	Almost always or always
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate cheese in past month

SkipInstructions: <1-5,R,D> [goto REDMETNO]

Question ID: NAC.136_01.000 **Instrument Variable Name:** REDMETNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

(book) CAN3

*Read if necessary: During the past month . . .

Looking at this card, how often did you eat RED MEAT, such as beef, pork, ham, or sausage? Do NOT include chicken, turkey, or seafood.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto PROMETNO]; else [goto REDMETTP]

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Question ID: NAC.136_02.000 **Instrument Variable Name:** REDMETTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate red meat in past month

SkipInstructions: <1-3,R,D> [goto PROMETNO]

Question ID: NAC.137_01.000 **Instrument Variable Name:** PROMETNO **QuestionnaireFileName:**

QuestionText: 1 of 2

(book) CAN4

*Read if necessary: During the past month . . .

Looking at this card, how often did you eat PROCESSED MEAT, such as bacon, lunch meats, or hot dogs?

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto BREADNO]; else [goto PROMETTP]

Question ID: NAC.137_02.000 **Instrument Variable Name:** PROMETTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate processed meat in past month

SkipInstructions: <1-3,R,D> [goto BREADNO]

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Question ID: NAC.138_01.000 **Instrument Variable Name:** BREADNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat WHOLE GRAIN BREAD including toast, rolls and in sandwiches? Whole grain breads include whole wheat, rye, oatmeal and pumpernickel. Do NOT include white bread.

*Read if necessary: You can tell me per day, per week, or per month.

*Read if necessary: INCLUDE cracked wheat, multi-grain and bran breads.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto CANDYNO]; else [goto BREADTP]

Question ID: NAC.138_02.000 **Instrument Variable Name:** BREADTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate whole grain bread in past month

SkipInstructions: <1-3,R,D> [goto CANDYNO]

Question ID: NAC.139_01.000 **Instrument Variable Name:** CANDYNO **QuestionnaireFileName:**

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat CHOCOLATE, or any other types of CANDY? Do NOT include SUGAR-FREE CANDY. You can tell me per day, per week or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto DONUTNO]; else [goto CANDYTP]

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Question ID: NAC.139_02.000 **Instrument Variable Name:** CANDYTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate candy in past month

SkipInstructions: <1-3,R,D> [goto DONUTNO]

Question ID: NAC.140_01.000 **Instrument Variable Name:** DONUTNO **QuestionnaireFileName:**

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat DOUGHNUTS, sweet rolls, Danish, muffins, (pan dulce) or pop-tarts? Do NOT include sugar-free items.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto COOKIENO]; else [goto DONUTTP]

Question ID: NAC.140_02.000 **Instrument Variable Name:** DONUTTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate donuts in past month

SkipInstructions: <1-3,R,D> [goto COOKIENO]

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Question ID: NAC.141_01.000 **Instrument Variable Name:** COOKIENO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat COOKIES, CAKE, PIE, or BROWNIES? Do NOT include sugar-free kinds.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto ICECRNO]; else [goto COOKIETP]

Question ID: NAC.141_02.000 **Instrument Variable Name:** COOKIETP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate cookies in past month

SkipInstructions: <1-3,R,D> [goto ICECRNO]

Question ID: NAC.145_01.000 **Instrument Variable Name:** ICECRNO **QuestionnaireFileName:**

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat ICE CREAM OR OTHER FROZEN DESSERTS? Do NOT include sugar-free kinds.

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto POPCNNO]; else [goto ICECRTP]

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Question ID: NAC.145_02.000 **Instrument Variable Name:** ICECRTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate ice cream in past month

SkipInstructions: <1-3,R,D> [goto POPCNNO]

Question ID: NAC.150_01.000 **Instrument Variable Name:** POPCNNO **QuestionnaireFileName:**

QuestionText: 1 of 2

*Read if necessary: During the past month . . .

How often did you eat POPCORN?

*Read if necessary: You can tell me per day, per week, or per month.

00	Never
01-30	01-30 times
97	Refused
99	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <0,R,D> [goto VITMIN]; else [goto POPCNTP]

Question ID: NAC.150_02.000 **Instrument Variable Name:** POPCNTP **QuestionnaireFileName:**

QuestionText: 2 of 2

*Enter time period.

0	Never
1	Per day
2	Per week
3	Per month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who ate popcorn in past month

SkipInstructions: <1-3,R,D> [goto VITMIN]

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Question ID: NAC.170_00.000 **Instrument Variable Name:** VITMIN **QuestionnaireFileName:** Sample Adult

QuestionText: These next questions are about vitamins and minerals you may have taken during the past month, that is, the past 30 days.

During the PAST MONTH, did you take any vitamin or mineral pills or supplements of ANY kind?

*Read if necessary: INCLUDE vitamin or mineral pills or liquids. Do NOT include vitamin-fortified foods.

1	Yes
2	No
7	Refused
9	Don't know

UniverseText: Sample adults 18+

SkipInstructions: <1> [goto VITMUL] <2,R,D> [goto next section]

Question ID: NAC.180_00.000 **Instrument Variable Name:** VITMULT **QuestionnaireFileName:** Sample Adult

QuestionText: During the PAST MONTH, did you take any MULTI-vitamins such as One-A-Day, Theragran, or Centrum?

*Read if necessary: Include combinations of three or more vitamins and minerals, such as those labeled "stress" or "anti-oxidant". Do not include cominations of herbal or plant substances, or combinations of just two, like calcium and vitamin D.

1	Yes
2	No
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who have taken vitamins or mineral supplements in the past month

SkipInstructions: <1> [goto VITMULNO] <2,R,D> [goto CALC]

Question ID: NAC.200_01.000 **Instrument Variable Name:** VITMULNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

On how many DAYS during the past month did you take a MULTI-vitamin?

*Enter number of days taking multi-vitamins.

*Enter '30' for all days in the month.

*Enter '95' for other.

00	Never
01-30	01-30 times
95	Other
97	Refused
99	Don't know

UniverseText: Sample adults 18+ who have taken a multi-vitamin in the past month

SkipInstructions: <1-29> [goto VITMULTP]
<30> store '2' in VITMULTP [goto CALC] <95> store '3' in VITMULTP [goto CALC]
<R,D> store 'R', 'D' in VITMULTP [goto CALC]

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Question ID: NAC.200_02.000 **Instrument Variable Name:** VITMULTP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period for days taking multi-vitamins.

1	Day
2	Week
3	Month
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who have taken a multi-vitamin in the past month

SkipInstructions: <1-3,R,D> [goto CALC]

Question ID: NAC.210_00.000 **Instrument Variable Name:** CALC **QuestionnaireFileName:** Sample Adult

QuestionText: During the PAST MONTH, did you take any CALCIUM SUPPLEMENTS, including Tums or calcium chews? [fill1: Do NOT include any calcium in the MULTI-vitamins you told me about.]

*Read if necessary: Do NOT include milk or calcium-fortified orange juice.

1	Yes
2	No
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who have taken vitamins or mineral supplements in the past month

SkipInstructions: <1> [goto CALCNO <2,R,D> [goto VITD]

Question ID: NAC.215_01.000 **Instrument Variable Name:** CALCNO **QuestionnaireFileName:** Sample Adult

QuestionText: 1 of 2

On how many DAYS during the past month did you take calcium supplements?

*Enter number of days taking calcium.

*Enter '30' for all days in the month.

*Enter '95' for other.

00	Never
01-30	01-30 times
95	Other
97	Refused
99	Don't know

UniverseText: Sample adults 18+ who have taken calcium in the past month

SkipInstructions:
<1-29> [goto CALCTP]
<30> store '2' in CALCTP [goto VITD]
<95> store '3' in CALCTP [goto VITD]
<R,D> store 'R', 'D' in CALCTP [goto VITD]

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Question ID: NAC.215_02.000 **Instrument Variable Name:** CALCTP **QuestionnaireFileName:** Sample Adult

QuestionText: 2 of 2

*Enter time period for days taking calcium.

1	Day
2	Week
3	Month
7	Refused

UniverseText: Sample adults 18+ who have taken calcium in the past month

SkipInstructions: <1-3,R,D> [goto VITD]

Question ID: NAC.270_00.000 **Instrument Variable Name:** VITD **QuestionnaireFileName:** Sample Adult

QuestionText: During the PAST MONTH, did you take any VITAMIN D PILLS OR SUPPLEMENTS? [fill1: Do NOT include any vitamin D in the MULTI-vitamins you told me about.]

*Read if necessary: Do NOT include vitamin D fortified milk or other foods such as cereals and bread.

1	Yes
2	No
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who have taken vitamin or mineral supplements in the past month

SkipInstructions: <1> [goto VITDM] <2,R,D> [goto next section]

Question ID: NAC.280_00.000 **Instrument Variable Name:** VITDM **QuestionnaireFileName:** Sample Adult

QuestionText: On how many DAYS during the past month did you take vitamin D?

*Enter number of days taking vitamin D.

*Enter '30' for all days in the month.

*Enter '95' for other.

00	Never
01-30	01-30 times
95	Other
97	Refused
99	Don't know

UniverseText: Sample adults 18+ who have taken vitamin D in the past month

SkipInstructions:
<1-29> [goto VITDWHY]
<30> store '2' in VITDM [goto VITDWHY]
<95> store '3' in VITDM [goto VITDWHY]
<R,D> store 'R', 'D' in VITDM [goto VITDWHY]

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Question ID: NAC.290_01.000 **Instrument Variable Name:** VITDWHY **QuestionnaireFileName:** Sample Adult

QuestionText: Which of these is the Main reason you took vitamin D…?

*Read categories below.

1	For OVERALL health
2	For BONE health
3	To prevent CANCER
4	For some other reason
7	Refused
9	Don't know

UniverseText: Sample adults 18+ who have taken vitamin D in the past month

SkipInstructions: <1-3, R,D>[goto next section] <4> [goto VITDSPEC]

Question ID: NAC.300_00.000 **Instrument Variable Name:** VITDSPEC **QuestionnaireFileName:**

QuestionText: *Specify the reason took vitamin D.

7	Refused
9	Don't know
verbatim	verbatim

UniverseText: Sample adults 18+ who gave other reason for taking vitamin D

SkipInstructions: <allow 20,R,D> [goto next section]