

EXERTION									
Quote Number		1	2	3	4	5	6	7	8
Standing/Walking and Sitting: Standing/Walking	Time								
Sitting	Time								
Employee choice (at will)	Y/N								
Lifting/Carrying: ... ever?	lbs.								
... more than 2/3 of the time	lbs.								
... 1/3 to 2/3 of the time	lbs.								
... seldom to 1/3 of the time	lbs.								
... seldom	lbs.								
NOTES AND EXAMPLES									

HAND/ARM, FOOT/LEG, REACHING									
Quote Number		1	2	3	4	5	6	7	8
Pushing/Pulling - Hand/Arm Exerting force to move an object towards or away	Time								
	Uni/Bi								
Pushing/Pulling - Foot/Leg Exerting force to move an object towards or away	Time								
	Uni/Bi								
Pushing/Pulling - Feet only	Time								
	Uni/Bi								
Foot/Leg Controls: Use of one or both feet to move controls on machinery or equipment.	Time								
	Uni/Bi								
Reaching overhead: Extending hand/arm between 150° to 180° of a vertical arc.	Time								
	Uni/Bi								
Reaching at/below the shoulder: Extending hand/arm from 0° up to 150° of a vertical arc.	Time								
	Uni/Bi								
NOTES AND EXAMPLES									

HAND/ARM, POSTURAL POSITIONS									
Quote Number		1	2	3	4	5	6	7	8
Keyboarding: capture time for each type of device	Std.								
	10-key								
	Touch								
	Other								
Gross Manipulation: hold, grasp, turn, or otherwise work with the hands	Time								
	Uni/Bi								
Fine Manipulation: pick, pinch, or work primarily with the fingers	Time								
	Uni/Bi								
Stoop: bending at waist with use of lower extremities and back muscles	Time								
Crouch: bending legs and spine	Time								
Kneel: bending legs at knees to come to rest on knees	Time								
NOTES AND EXAMPLES									

POSTURAL POSITIONS, VISION REQUIREMENTS

Quote Number		1	2	3	4	5	6	7	8
Crawling: Moving about on hands/knees or hands/feet	Time								
Climbing ramps/or stairs If present, determine if it is a function of the building (Y/N)	Time								
	Bldg.								
Climbing ladders, ropes, or scaffolding	Time								
Near visual acuity	Y/N								
Far visual acuity	Y/N								
Peripheral vision	Y/N								

NOTES AND EXAMPLES

AUDITORY REQUIREMENTS, ENVIRONMENTAL CONDITIONS									
Quote Number		1	2	3	4	5	6	7	8
Communicating verbally	Time								
Hear and understand conversational speech	Y/N								
Hear and respond to auditory signals (excluding fire alarms)	Y/N								
Noise intensity level • Q - Quiet (Library, Golf Course) • M - Moderate - (Office, Retail Store, Light Traffic) • L - Loud (Heavy Traffic, Manufacturing) • VL - Very Loud (Jack Hammer, Front Row at a Rock Concert)	Q M L VL								
NOTES AND EXAMPLES									

ENVIRONMENTAL CONDITION FACTORS									
Quote Number		1	2	3	4	5	6	7	8
Outdoors	Time								
Extreme Heat (exclusive of weather) above 90° in a dry environment, above 85° in a humid environment	Time								
Extreme Cold (exclusive of weather) 40° or below for 2/3 of day or more, 32° or below if less than 2/3 of day	Time								
Any contact with water or liquids (wetness)	Time								
Non-weather related humidity (job related)	Time								
NOTES AND EXAMPLES									

ENVIRONMENTAL CONDITION FACTORS

Quote Number		1	2	3	4	5	6	7	8
Heavy vibration	Time								
Fumes, noxious odors, dust, gases, or poor ventilation affecting the respiratory system, eyes, or skin	Time								
Proximity to moving mechanical parts with possible bodily injury from equipment, tools, or machinery	Time								
High, exposed places with possible bodily injury from falling	Time								
Toxic, caustic chemicals that burn or destroy living tissue	Time								

NOTES AND EXAMPLES

Private Industry sample Establishments:

<p>The Bureau of Labor Statistics, its employees, agents, and partner statistical agencies, will use the information you provide for statistical purposes only and will hold the information in confidence to the full extent permitted by law. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002 (Title 5 of Public Law 107-347) and other applicable Federal laws, your responses will not be disclosed in identifiable form without your informed consent.</p>	<p><i>This report is authorized by law, 29 U.S.C. 2. Your voluntary cooperation is needed to make the results of this survey comprehensive, accurate and timely.</i></p>	<p>O.M.B. # 1220-0164 Expires 4/30/15</p>
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We estimate that it will take an average of 60 minutes to complete this interview, including time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing this information. If you have any comments regarding this estimate or any other aspect of this survey, including suggestions for reducing this burden, please send them to the Bureau of Labor Statistics, Office of Compensation and Working Conditions (1220-0164), 2 Massachusetts Avenue N.E., Washington, D.C. 20212. You are not required to respond to the collection of information unless it displays a currently valid OMB control number.

State and Local Government sample Establishments:

<p>The BLS publishes statistical tabulations from this survey that may reveal the information reported by individual State and local governments. Upon your request, however, the BLS will hold the information provided on this survey form in confidence.</p>	<p><i>This report is authorized by law, 29 U.S.C. 2. Your voluntary cooperation is needed to make the results of this survey comprehensive, accurate and timely.</i></p>	<p>O.M.B. # 1220-0164 Expires 4/30/15</p>
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