



Sample Facebook Post

Just now · 🌐 ▼

For more information about this week's Farmers Market check out
www.TheLocalFarmersMarket.org



HEALTHY EATING STYLE TIP

Focus on whole fruit as a quick and easy snack!

Visit the Farmers Market this
Saturday to stock up on apples,
pears, and other flavorful fruits!
(This market accepts EBT.)



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Tweets

Tweets & replies

Media



SampleTweet @HealthySampleTweet • 40s

Learn more: go.usa.gov/xQxeT



HEALTHY EATING STYLE TIP

**Eating fruits & vegetables
doesn't have to cost a lot.**

Check out the local food bank's
mobile food truck at the town
center this weekend. Grab some
local produce the entire family
can enjoy!



Save

FROZEN FRUIT CUPS



Check out our video to watch
this recipe in action!

Open