Issue	Name of Person/organization	Name of Person/organizations	Summary	Number Affected	Resolutions Attempted/if Applicable	Examples	Other info	ATTACHMENT	Links	Notes
Outpatient recommended first line treatment	New Hope Counseling and Wellness		Insurance will pay for higher level of care over paying outpatient providers			Aetna relationship with EQUIP			https://bhbusiner	
Cost of Eating Disorder Treatment	New Hope Counseling and Wellness		Harvards Report of Health Care Utilization. **SC Total Economic Cost of Eating Disorders (per year) $1,005,427,138** OTHER NUMBERS FOR SC LINKED		I use this article when asking for in network exemptions			Social-Economic	Other SC Data.htl	
Higher levels of care are not superior yet more expensive	New Hope Counseling and Wellness		Best practice according the the Academy of Eating Disordrers is to treat at the least restrictive environment possible. Yet, insurance companies will often approve inpatient or residential over outpatient specialized care. Reserch does not show that residential or inpatient care is effective but insurance will pay over a cheaper alternative that is equally or more effective. Basicaly, they are in bed with the large corporate entities.			I have received several referrals discharging from six or more months of care at the residential level that insurance paid but they will not pay for outpatient. Often, the person did not need the residential but that is the only thing the insurance paid so the family sent the person to that level. Much larger economic burden			Hay, Phillipa & To	
Companies like FAY	New Hope Counseling and Wellness		Credentialing hundreds of providers across the country with every speciality							
RDs not in network	New Hope Counseling and Wellness		Companies have specific exclusions (Tricare is a big one) BCBS and Shawn Stinson another			Plans have a statement saying dietitians not covered				
Carriers say 'markiet is saturated'	new Hope Counseling and Wellness		The insurance company will say the market is saturated and not let anyone else on panel. Really, they are counting hospitao staff and out of state folks and corprate entities							
At the same time, BCBS proudly pays for lenghty residental stays	*New Hope Counseling and Wellness*									
Plan may cover servicdes but only some	*New Hope Counseling and Wellness*		Sone plans only cover end stage renal, diabetes by a diabetes educator or within physicians office or a certain BMI							
LOW reimbursement rat4es	*New Hope Counseling and Wellness*		Reimbursement rates are low compared to other states and professions							
Limited visits	*New Hope Counseling and Wellness*		They will imit units (dietitians bill in 15 min units). Carriers will imit units per year, not adequate for mental health							
Obtaining single case agreement lengthy	*New Hope Counseling and Wellness*		The time it takes to obtain single case agreement is very lengthy and often exceeds what patient is willing to wait							
Patients worsen with non specialized providers	*New Hope Counseling and Wellness*		Insurancce has list of providers that claim to specialize in eating disorders. I have seen patients after being treated by these providers, many declined significantly under their watch.							
Insurance and financial barrier main reason patients do not seek treatment	*New Hope Counseling and Wellness*		Delayed treatment is main predictor in poor prognosis and increased cost long term, link to sourcec provided						https://psychiatry	
Insurance companies list and panel non specialized providers	*New Hope Counseling and Wellness*		Providers create a profile online. Carriers see this and consider the market saturated. Additionally, personas see these non specializsed providers. Insurancce companies do not vet credentials other than a basic license							
Outpatient recommended	*New Hope Counseling and Wellness*									