

Selected Bibliography: Work Speed Injuries in Meat & Poultry Processing

Substantial research has produced compelling evidence that excessive work speeds cause severe and crippling injuries at alarming rates. Highlights:

- **A 2012 study by Wake Forest School of Medicine found that 59.2 percent of poultry workers had evidence of carpal tunnel syndrome, a painful and permanently disabling condition.** In studying the health of poultry processing workers in North Carolina since 2004, the researchers also found that poultry workers were two-and-a-half times more likely to have carpal tunnel compared to non-poultry manual workers.
- **A 2013 NIOSH evaluation of one poultry plant in South Carolina found that 42 percent of workers had symptoms of carpal tunnel syndrome.** Two-thirds of those workers reported "awakening from sleep because of the pain."

Peer-Reviewed Scientific Literature*

Cartwright MS, Walker FO, Blocker JN, et al. The prevalence of carpal tunnel syndrome in Latino poultry-processing workers and other Latino manual workers.

J Occup Environ Med. 2012 Feb; 54(2):198-20.

Grzywacz JG, et al. The organization of work: Implications for injury and illness among immigrant Latino poultry processing workers. *Arch Environ Occup Health.* 2007; 62(1): 19-26.

Lipscomb H, Kucera K, Epling C, and Dement J. Upper extremity musculoskeletal symptoms and disorders among a cohort of women employed in poultry processing. *Am J Ind Med.* 2008 Jan; 51(1):24-36.

Lipscomb HJ, Epling CA, et al. Musculoskeletal symptoms among poultry processing workers and a community comparison group: black women in low-wage jobs in the rural South. *Am J Ind Med.* 2007; 50:327-338.

Marín AJ, Grzywacz JG, Arcury TA. Evidence of organizational injustice in poultry processing plants: Possible effects on occupational health and safety among Latino workers in North Carolina. *Am J Ind Med.* 2009 Jan; 52(1):37-48.

Quandt SA, Grzywacz JG, Marín A, et al. Illnesses and injuries reported by Latino poultry workers in western North Carolina. *Am J Ind Med.* 2006 May; 49(5):343-51.

Schulz MR, Grzywacz JG, Chen H, et al. Upper body musculoskeletal symptoms of Latino poultry processing workers and a comparison group of Latino manual workers.

Am J Ind Med. 2013 Feb; 56(2):197-205.

**This list of medical and academic studies that examine the risk and high rate of severe musculoskeletal disorders among poultry workers is not exhaustive.*

Government and Investigative Reports

National Institute for Occupational Safety and Health (NIOSH), Centers for Disease Control and Prevention. *Musculoskeletal Disorders and Traumatic Injuries Among Employees at a Poultry Processing Plant*, Interim Report, HHE No. 2012-0125 (April 2013).

Southern Poverty Law Center and Alabama Appleseed, *Unsafe at These Speeds: Alabama's Poultry Industry and its Disposable Workers* (2013).

National Council of La Raza, *Latinos in the Poultry Processing Industry* (2012).

Midwest Coalition for Human Rights, *Always Working Beyond the Capacity of Our Bodies: Meat and Poultry Processing Work Conditions and Human Rights in the Midwest* (2012).

Nebraska Appleseed, *The Speed Kills You: The Voice of Nebraska's Meatpacking Workers* (2009).

Charlotte Observer, *The Cruellest Cuts: The Human Cost of Bringing Poultry to Your Table* (2008).

Government Accountability Office, *Workplace Safety and Health: Safety in the Meat and Poultry Industry, while Improving, Could be Further Strengthened*, GAO-05-96 (2005).

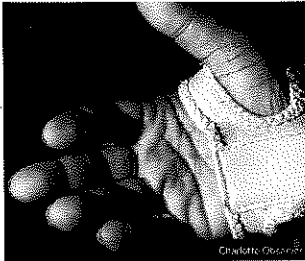
Human Rights Watch, *Blood, Sweat, and Fear: Workers' Rights in U.S. Meat and Poultry Plants* (2005).

Catholic Legal Immigration Network, Inc., *Work Without Justice: Low Wage Immigrant Laborers* (2000).

Marc Linder, *I Gave My Employer a Chicken that Had No Bone: Joint Firm-State Responsibility for Line-Speed-Related Occupational Injuries*, 46 Case W. Res. L. Rev. 33 (1995).



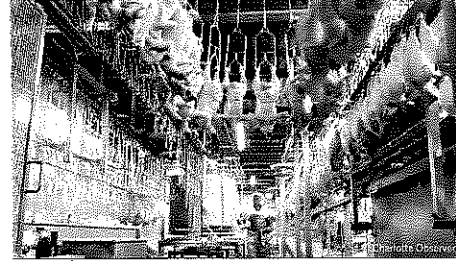
Coalition of Poultry Workers



Charlotte Observer



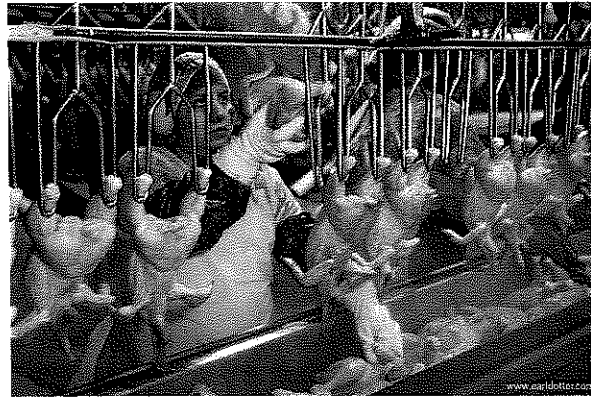
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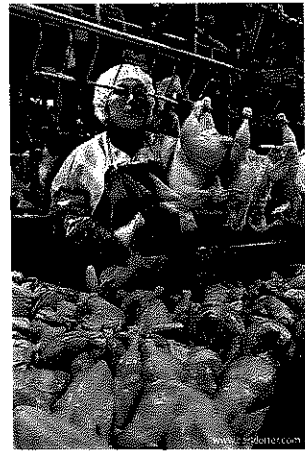
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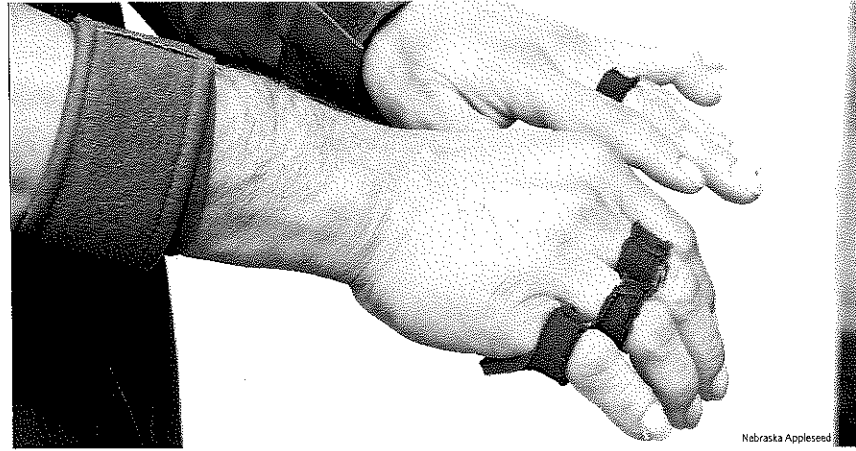
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