

THE STATE OF CHILDREN'S ENVIRONMENTAL **HEALTH**

MICHIGAN

All children deserve and need a safe and healthy environment to grow and develop. They need clean air to breathe and safe water to drink, nutritious food to eat, and healthy places in which to live, learn, and play. Early exposure to harmful agents can lead to acute and chronic adverse outcomes. Infants and children are especially vulnerable to environmental exposures because they breathe, eat and drink more, in proportion to their body size, than do adults, and because their bodies and brains are still developing.

There are 2.2 million children in Michigan and nearly 20% live in poverty.

Poverty is an important social determinant of health; poverty hurts children and their families.

Children of color and young children are disproportionately poor and experience a host of issues that lead to adverse health outcomes.

Children's environmental health indicators (CEHIs) are measures that can be used to assess environmental hazards, environmental exposures, and their resulting health outcomes in children. Below are some key CEHIs for Michigan:



Safe

25% of public water utilities

had drinking water violations (2018) National Average: 34%



1.5 million children under age 18

live in counties with unhealthy ozone pollution¹ (2019)



2.7 degrees F warmer ² in 2018 than in 1970

National Average: 2.5 degrees F warmer



Toxic chemical

92.7 million pounds of toxic chemicals

were disposed of or released³ (2017) United States: 3.9 billion pounds



developmental

10.2% of children age 3-17

have ADHD or ADD⁴ (2017) Nationwide: 8.8%



2.8% of children age 3-17

have Autism Spectrum Disorder ⁴ (2017)

Nationwide: 2.8%



8.3% of children under age 18

have asthma⁵ (2017) Nationwide: 7.5%



Pediatric

184.8 cases of pediatric cancer ⁶ per 1 million population (2005-2015) Nationwide: 181.0 cases per 1 million



Blood lead levels

1.7% of tested children under age 6 have elevated blood lead levels ⁷ (2016)

Nationwide: 2.1%

Indicator Notes:

- 1. In this fact sheet, counties with "unhealthy" ozone pollution are those receiving a grade of D or F for ozone pollution in the American Lung Association's 2019 State of the Air report. Approximately 570,027 children live in counties where ozone pollution was not monitored.
- 2. Warming matters -- it drives most of the hazards associated with climate change such as extreme weather, heat days, droughts and heavy downpours. Children are more vulnerable to harm from extreme heat and to the other cascading effects of warming temperatures.
- 3. EPA's Toxics Release Inventory (TRI) tracks the management of certain toxic chemicals that may pose a threat to human health and the environment. Certain industrial facilities in the U.S. must report annually how much of each chemical is disposed of or released on- and off-site. Many of these chemicals are known carcinogens, developmental toxicants, and neurotoxicants, such as arsenic, lead, and mercury, that adversely impact children's health.
- 4. Mounting scientific research links environmental exposures with risk of Attention-Deficit Hyperactivity Disorder (ADHD), Attention-Deficit Disorder (ADD), and Autism Spectrum Disorder (ASD). Neither genetics nor changing diagnoses or other artifacts fully account for the increased incidences of these conditions. ADHD, ADD and ASD data are for Michigan children aged 3-17 years.
- _{5.}A wealth of research links exposure to poor outdoor air quality, including high concentrations of ground-level ozone, with the exacerbation of children's respiratory illnesses, including asthma. Several studies link it with the onset of childhood asthma.
- 6. Although cancer in children is rare, the rate of pediatric cancer has been increasing since the 1970s. It is the leading disease-related cause of death past infancy in U.S. children. Neither genetics nor improved diagnostic techniques can explain the increased rate. According to the President's Cancer Panel's 2008-2009 Annual Report, "the true burden of environmentally induced cancer has been grossly underestimated."
- 7. In 2016, 20.9% of Michigan children under age 6 were tested for blood lead levels (BLLs). Of those tested, 1.7% had a BLL ≥ 5 µg/dL. Often the most vulnerable children are not tested, and not all who are tested get reported, so 1.7% is likely an underestimate of the true scope of children's elevated blood lead in Michigan. There is no safe level of lead exposure for children. A potent neurotoxicant, lead reduces IQ and impairs other cognitive, behavioral, and developmental functions.

FEDERAL SUPPORT

within past 5 years



CDC-funded Lead Poisoning Prevention Program



ATSDR State Cooperative Agreement Program



CDC National Asthma Control Program



CDC-funded Environmental Public Health Tracking Program



CDC State Biomonitoring Cooperative Agreement Program



MICHIGAN SPOTLIGHT



Lead contaminated drinking water has been a high visibility issue in Michigan and across the country these past few years. Another emerging issue affecting the safety of drinking water is per- and polyfluoroalkyl substances (PFAS). PFAS is a group of highly toxic persistent chemicals and a significant public health concern. A 2019 study found that Michigan has the most PFAS contaminated water sites in the country. The state identified PFAS in water through statewide drinking water and surface water testing and testing at sites of environmental contamination.

The state has responded rapidly and strongly via the Michigan PFAS Action Response Team (MPART), a multi-agency collaboration that is acting to protect Michigan's drinking water. Actions implemented to reduce exposure include the provisioning of alternative water sources and filters. In addition, groups are providing targeted outreach to low income areas and communities of color. The River Network is connecting Hispanic and Latino groups with environmental groups in the southwestern part of Michigan around water issues including PFAS contamination. The organization is engaging Latino and Hispanic communities in tackling the problem and finding solutions towards clean and safe water for all.



Children are our future—society has a moral obligation to protect them. Exposure to environmental hazards can and must be prevented. Prevention requires strong environmental regulations and fully funded and supportive public and environmental health programs and a robust workforce.

A Blueprint for Protecting Children's Environmental Health: An Urgent Call to Action www.cehn.org/blueprint

The Children's Environmental Health Network set out to identify a set of CEHIs that can be used to provide an understanding of children's environmental health at the state level. Through this process, CEHN found that robust, valid, and regularly updated state level data--that are comparable across most states--were not readily accessible. States need adequate funding and capacity to collect and make accessible reliable CEHI data in order to set goals and track progress towards improving children's health.

For references and for more information, visit www.cehn.org/states/michigan

